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Thursday, July 19, 2012



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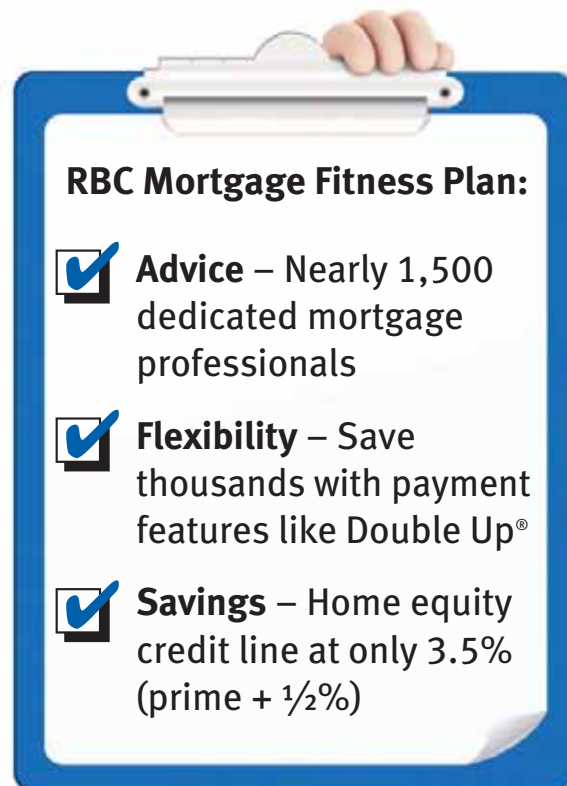
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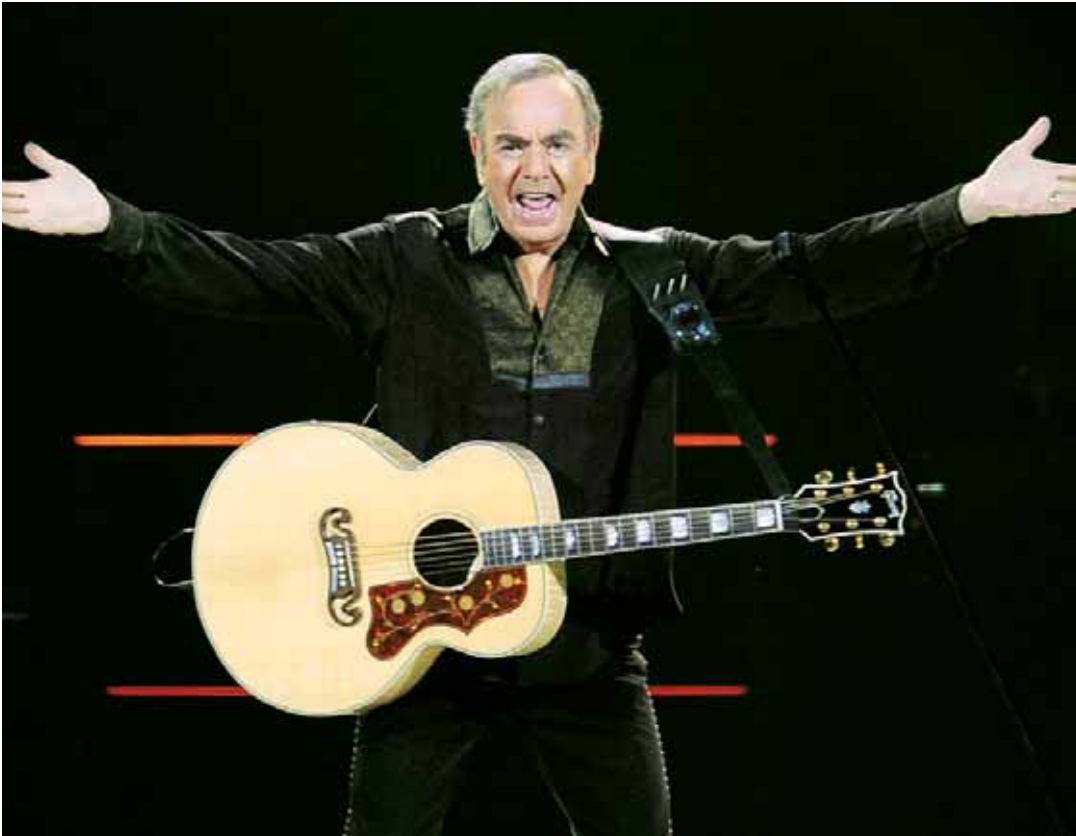
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Thursday, July 19, 2012



News worth sharing.

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DIAMOND PERFORMANCE

Neil Diamond played the Saddledome on Wednesday night as a part of his 2012 tour. CANDICE WARD/FOR METRO

Stiffer fines for transit cheats

Subsidize. One alderman is suggesting putting additional fine revenue towards low-income commuters



KATIE TURNER
katie.turner@metronews.ca

Members of city council voted in favour of boosting the fine for Calgary Transit fare evaders — a move that could generate an additional \$750,000 annually.

While the decision will ultimately go before city council, 12 of 13 aldermen on the transportation and transit committee expressed support for raising the specified penalty for not purchasing a ticket from \$150 to \$250.

Ald. Brian Pincott suggested during Wednesday's meeting the additional revenue generated from the fine increase could be allocated to supporting low-income transit users.

"This would be a way to support those who are evading fares for economic reasons," said Pincott, citing a Calgary Transit survey in which 28 per cent of fare evaders said their annual household income is less than \$15,000.

Calgary Transit's co-ordinator of public safety and enforcement Brian Whitelaw said he appreciated Pincott's suggestion.

"I really like the suggestion that revenue be used for a social good," he said.

However, Ald. Andre Chabot who advocated for boosting the fine to just \$200, said the funds from the additional fines shouldn't be earmarked for anything.

"It's an artificial number; it may be there today but it will be gone tomorrow if people actually become more compliant," he said.

Should council approve the hike in fines, Whitelaw said they could come into effect as soon as mid-September. Roughly \$1.2 million is generated annually from all transit fines.



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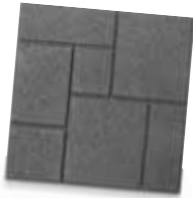
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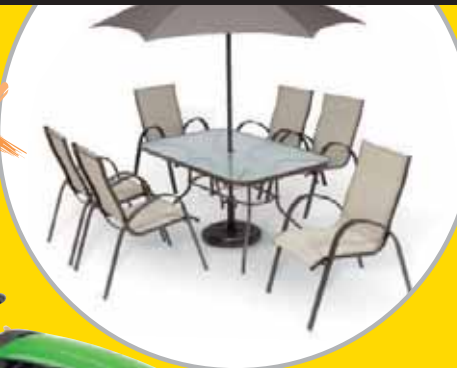
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Committee gives green light to taxi-fare hike

Per kilometre. For a 10-km ride, the rate will go from \$18.01 to \$18.80 after the rate increase, according to a city report



KATIE TURNER
katie.turner@metronews.ca

Taxi fares are likely to see a rate hike beginning this fall

after members of council rubber-stamped the first increase in four years.

Pending final approval from city council, taxi fares will likely jump by 4.4 per cent as soon as October.

Members of the taxi industry expressed their support for the rate increase; however, president of Associated Cab Roger Richard argued the boost was not enough.

Richard said he initially supported the 4.4 per cent figure

but told committee members Thursday that the rate hike should instead be 6.4 per cent.

He said a higher increase would offset the costs he said his company will incur as a result of recent regulations put in place by council to better track the taxi industry.

Richard said his cabs will have to replace the meters in their cars as well as hire additional staff after council imposed more regulations including GPS data from the

By the numbers

- The drop rate will rise from \$3.40 to \$3.50
- The Taxi and Limousine Advisory Committee is also recommending council raise the airport departure fee from \$3 to \$4.

in a very, very tough position," said Richard. "This is really going to hurt us."

Manager and chief livery officer with the City of Calgary, Marc Halat, said the 4.4 per cent figure is a fair one, established through consideration of operating costs such as gas prices. "We'll do our best to establish a fair return on this investment," he said.

Halat added that more than 1,460 cabs will need to be calibrated before the fall.

companies.
"The industry has been put



Sadly, this car is now only heading back to the future

Calgarians climb on board Bombardier's low-floor light-rail vehicle, the Flexity Freedom. The wireless streetcar was on Stephen Avenue Wednesday as part of a Western Canada tour. KATIE TURNER/METRO

1

NEWS

On the web

Florida robbery reignites law debate

Florida's controversial "Stand Your Ground" law is back in the news after an elderly man brazenly shot and wounded two people during an attempted robbery at an Internet café. Go to metronews.ca to watch the shocking video.

Mobile news



A zoo in the Ukraine is now home to a group of white lion cubs that can only be described as heart-meltingly cute. Scan the code to see photos of these cuddly predators eagerly awaiting feeding time.

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Kidnapping case. Facebook apology led police to Hopley

The man accused of kidnapping a three-year-old British Columbia boy before returning him unharmed four days later took to Facebook to apologize while he was on the run, allowing police to zero in on him, his sentencing hearing was told Wednesday.

Randall Hopley, 46, has already pleaded guilty to abducting three-year-old Kienan Hebert from the boy's home in Sparwood, a southeastern B.C. town not far from the Alberta boundary, last September.

At Wednesday's hearing, Crown counsel Lynal Doerksen read Facebook postings made by Hopley, which allowed police to use his IP address to trace his location to the Crownest Lake Bible Camp.

"I would like to say sorry, sorry, sorry to Paul Hebert and wife," said one post, referring to the boy's parents.

"He asked to go home Friday night. He kept my spirits



Randall Hopley, left, is taken into his sentencing hearing in Cranbrook, B.C., on Wednesday. BILL GRAVELAND/THE CANADIAN PRESS

up. He was always playing ... always laughing and smiling.... I did not harm him in any way possible.

"I brought back their son because he asked to go home."

Kienan vanished from his bedroom in the middle of the night wearing Scooby-Doo boxer shorts, prompting police to launch a massive search.

Four days later, just as quietly as he vanished, the boy was returned to his home.

THE CANADIAN PRESS

Woman in custody

Lethbridge police seek suspect in home invasion

A woman is in custody and police are looking for a second woman after a 69-year-old man was allegedly tied up, assaulted and robbed in his southern Alberta home on Monday.

Brittany Annette Twigg, 19, is facing charges.

Cheyenne Sue Williams, 27, is being sought on an arrest warrant.

THE CANADIAN PRESS

Head-on collision

Food a factor in deadly Hwy. 20 crash: Police

Eating at the wheel is the suspected cause of a head-on collision that killed two men in central Alberta.

RCMP say two men in their 30s died early Tuesday morning when a minivan collided with a car on Highway 20 near Rimbey.

Sgt. Mark Groves, a Rimbey RCMP spokesman, says it appears the van driver was eating just before his vehicle crossed the centre line. THE CANADIAN PRESS



Ryley Penner, a member of the junior national kayak team, navigates the river-right easy channel of the Harvie Passage to determine future suitability for a permanent slalom gates course on Wednesday morning. CANDICE WARD/FOR METRO

Harvie Passage could be wild ride for elite athletes

Not-so-gently down the stream. Alberta Whitewater Association eyes site for permanent slalom gates course

CANDICE WARD
calgary@metronews.ca

Although the whitewaters of Harvie Passage on the Bow River have proved to be deadly to one man this year, others are finding it to be an

Brace yourselves ...

"It is really cold water, and nine times out of 10 they will end up out of their boat."

Michael Holroyd, high-performance head coach at Alberta Slalom Canoe/Kayak, on what people should consider before taking on the site themselves

exciting thrill.

The Alberta Whitewater Association (AWA) was out early Wednesday morning to test the river-right channel of the Harvie Passage to determine whether it will be a suitable site for a permanent slalom gates course.

"It is an awesome opportunity for us to make our athletes faster," said Michael Holroyd, high-performance head coach at Alberta Slalom Canoe/Kayak.

"There are a ton of different features we can use, it is fast water and it (is) really

technical."

For those who are not at the same skill level as the members of the AWA, he recommends walking the site beforehand and deciding whether to brave it by boat and if you want to be swimming that day.

"Almost everyone who ends up in here will end up swimming," said Holroyd.

"It is really cold water, and nine times out of 10 they will end up out of their boat."

He does add that it can be a really fun ride, if done properly, with the proper training.

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Hearing. Ex-Stamp Reynolds freed from border-control custody

Former Stampeders running back Joffrey Reynolds was granted release from border control custody on Wednesday following a hearing.

Shooting down Canada Border Services Agency (CBSA) concerns that he was a potential flight risk, the 32-year-old Texan said his career and livelihood was grounded in Calgary.

"Fleeing elsewhere to the United States or anywhere would be counterproductive for me," he said.

Trent Cook, the IRB presiding member, said after evaluating flight-risk evidence put forth by the CBSA, that he believes Reynolds to be a "very low flight risk."

The former Stamps veteran, and all-time leading rusher, must meet conditions for his release that include requirements set forth by the criminal courts. He also must report in with CBSA twice a month.



Former Calgary Stampeders Joffrey Reynolds was escorted in handcuffs by immigration officers to a court hearing, where it was determined he would be released from custody.
CELESTE DE MUELENAERE/FOR METRO

Reynolds was detained by the CBSA on Monday when his status in the country became known to immigration following his arrest last Saturday in an alleged altercation with an ex-girlfriend.

Because of his pending legal court appearances for charges of assault causing bodily harm and break and enter, immigration cannot remove Reynolds from Canada at this time.

CELESTE DE MUELENAERE/FOR METRO

Quoted

"Fleeing elsewhere to the United States or anywhere would be counterproductive for me." Joffrey Reynolds

No injuries reported

Two escape S.W. home fire

A smoke alarm helped two people escape a fire in southwest Calgary early Wednesday. At approximately 1 a.m. fire crews responded to a call to the 300 block of Elbow Park Lane S.W. At the scene, they encountered extensive fire and smoke coming from the back of the building. The flames penetrated the building structure and walls. Fire crews quickly snuffed out the blaze and no injuries were reported.

METRO

Ryan Lane

Cops won't link Rempel to case of missing man

Reports surfaced Tuesday tying Will Rempel, a man accused in a child pornography case, to the February disappearance of young father Ryan Lane.

Calgary police responded to the reports on Wednesday, saying there are no new developments in Lane's case, which they are treating as a homicide.

Police said they have suspects, but will not be releasing any names.

METRO

Deerfoot Mall. Sears will close another Calgary store

Sears Canada is closing the doors to another of its department stores in Calgary.

The retailer says it will move out of the Deerfoot Mall, located near the city's airport, by the end of October. The property will be returned to the landlord.

The move comes as Sears Canada pushes forward with a revamp of its operations by cutting jobs, slashing prices

and decluttering its stores.

Deerfoot Mall said this development will allow them to move forward with a planned expansion that will see the mall jump from 600,000 square feet to 900,000.

All associates working in the Deerfoot store will be offered continued employment with the company.

THE CANADIAN PRESS

City sees spike in coyote reports: Wildlife officer



Michelle Willson walks her dogs Charlie and Barney in Nosehill Park on Wednesday afternoon. CANDICE WARD/FOR METRO

Nose Hill Park. String of attacks in local park part of a sharp rise in city coyote sightings

ALICIA GERRIOR
calgary@metronews.ca

A string of coyote attacks in a Calgary park have pet owners and local animal businesses concerned, as Fish and Wildlife officers are reporting a sharp rise in urban coyote sightings.

According to Hailey Seidel of Bowdog Canine Specialists, a dog was separated from a group of five others and attacked by a pack of coyotes in Nose Hill Park Wednesday morning. The dog was taken to an area vet.

Wednesday's victim was the third pup from Bowdog to be targeted by coyotes. A boxer and a Doberman were injured Monday. "The coyotes are more aggressive than they've ever been before," Seidel said.

Cara Piskopos of Creekside Veterinary Hospital, on Symons Valley Rd. N.W., said she's also

What to do

- If a coyote approaches you, do not turn away or run. This may encourage the coyote to chase you.
- If you spot a coyote, pick up your small dog. Ensure your large dog is leashed and under your control. Back away slowly and leave the area immediately.

seen an increase in the number of animals brought in after coyote attacks. "They'll just come up, grab (the dog) and run — leash or no leash, whether the owners are screaming or not," said Piskopos.

Coyote calls have increased by about 20 per cent this year, said Alberta Fish and Wildlife officer Ed Pirogowicz. He attributed the rise to such factors as human food sources, the mild winter — which has allowed more coyotes to survive — and territorial claims with newly born young.

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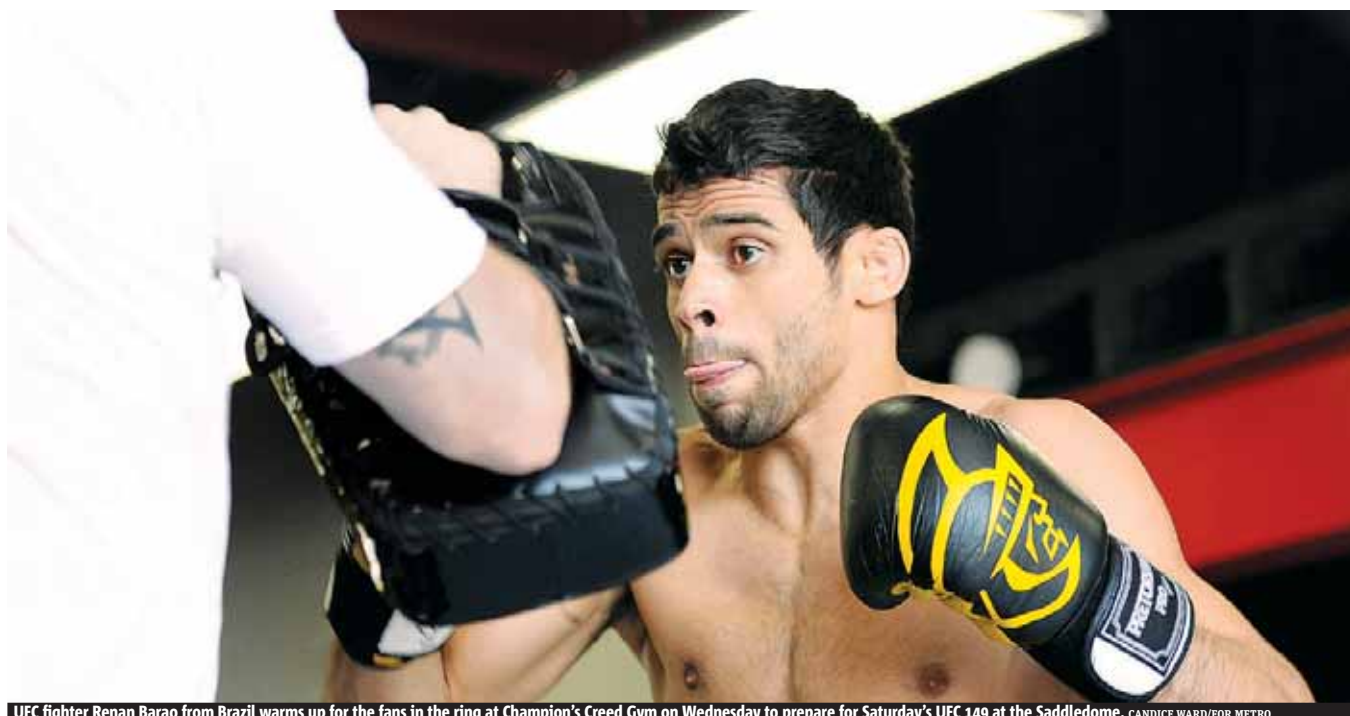
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UFC fighter Renan Barao from Brazil warms up for the fans in the ring at Champion's Creed Gym on Wednesday to prepare for Saturday's UFC 149 at the Saddledome. CANDICE WARD/FOR METRO

Calgary warming up for an eye-opening UFC 149

Event. Local fighter on weekend card equates event to the Olympics of mixed-martial arts



JEREMY NOLAÏS
jeremy.nolaïs@metronews.ca

Calgary's not considered a

"fight town" yet, but promoters, participants and fans believe that's all about to change.

UFC 149 runs Saturday at the Saddledome in what will be the first visit to Calgary by the world's largest mixed-martial arts promoter. "This is like the Olympics for us," said Calgary-born fighter Nick Ring, who's on Saturday's card.

More than 19,000 fight fans will crowd into the Saddled-

ome for the weekend's sold-out show — a far cry from the typical crowd that comes out for a Calgary Muay Thai or kickboxing event.

But Steve Fader, who runs the local branch of newly formed Aggression Fighting Championships, said local promotions had already begun to find their footing before the UFC event was unveiled.

Fader started by co-founding

a Calgary-specific promotion known as AX Combat, which has now merged under the regional Aggression brand. His last event at the Telus Convention Centre in June drew a few thousand fans.

Despite that, Fader had no qualms about speaking of the exposure brands like his will gain in the wake of the UFC Calgary show.

"It's going to make this city

open its eyes to a different form of sports entertainment," he said.

Ring, meanwhile, fought his way through lesser-known promotions in Lethbridge, Edmonton and Calgary before signing on with the UFC. He's chomping at the bit in advance of Saturday's fight. "It is the best show, the one everybody wants to be on," he said. "We're very lucky to have it come here."

Preview. Fans catch glimpse of UFC fighters

UFC fans in Calgary got a sneak peek at the fighters Wednesday, as participants of the upcoming UFC 149 event held a public workout at Champion's Creed Gym.

For big UFC fans like Corinne Murray, who does not have tickets to the upcoming event, it is one way she could get close to the action.

"Just as a big fan, it is really neat just to see the bus and all the people around, you really get to feel the enthusiasm around the event," said Murray.

Murray was joined by her family at Wednesday's workout, where both Urijah Faber and Renan Barao, who will fight for the interim UFC bantamweight title, were in attendance.

Fans got to catch fighters warming up and some sparring action in the cage, followed by a brief autograph session.

For Murray, even if she does not attend the live event on Saturday, she will still be cheering on "The California Kid" (Faber) from wherever she can catch the fight.

There will be more events throughout the week showcasing the fighters before the big event. CANDICE WARD/FOR METRO

Fan reaction

"Just as a big fan, it is really neat just to see the bus and all the people around, you really get to feel the enthusiasm around the event."

UFC fan Corinne Murray

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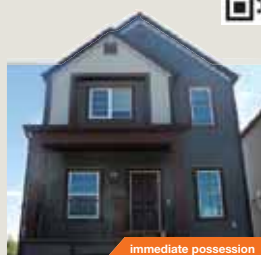


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Audacious rebel bomb rips apart Syria's inner circle

High-level meeting blasted. Top ministers killed as rebels strike at the heart of the regime; mystery over Assad's whereabouts

A bomb ripped through a high-level security crisis meeting in Damascus, Syria, on Wednesday, killing three top regime ministers — including President Bashar Assad's brother-in-law.

It was the rebels' boldest attack yet in the country's civil war.

The Assad family has ruled Syria for four decades, creating an ironclad and impenetrable regime. Wednesday's attack was an unheard-of strike on the inner circle.

Syria's rebel commander, Riad al-Asaad, claimed responsibility, saying his forces



Gen. Fahd Jassem al-Freij was named defence minister after the deadly blast. THE ASSOCIATED PRESS

planted a bomb in the room and detonated it.

All those involved in the attack are safe, he said.

"God willing, this is the beginning of the end of the regime," al-Asaad said in a telephone interview from his

base in neighbouring Turkey. "Hopefully Bashar will be next," he added.

The whereabouts of Assad, his wife and his three young children were not immediately clear.

Syrian TV confirmed the death of Defence Minister Dawoud Rajha, 65, a former army general and the most senior government official to be killed in the rebels' battle to oust Assad.

Also killed was Gen. Assef Shawkat, the deputy defence minister who is married to Assad's elder sister, Bushra, and was one of the most feared figures in the inner circle.

A third official, Hassan Turkmani, a former defence minister, died in the attack.

Syrian TV said Gen. Fahd Jassem al-Freij had been named the new defence minister. Al-Freij used to be the army chief of staff.

THE ASSOCIATED PRESS



Time to gallop out of Dodge

As flames creep ever nearer, it's a race against time. Horses are moved from an equestrian club near Patras, Greece, on Wednesday as wildfires sweep the area, threatening homes. The flames were fuelled by high winds and 40 C heat. GIANNIS ANDROUTOPOULOS/THE ASSOCIATED PRESS

Teens targets

Israel blames Iran for bus blast

Angry Israel blamed Iran after a bus carrying Israeli teens exploded Wednesday in a Bulgarian resort.

Israeli Prime Minister Benjamin Netanyahu called it "an Iranian terror attack" and promised a tough response.

At least four people were killed and more than two dozen wounded in the blast in the Black Sea city of Burgas.

THE ASSOCIATED PRESS

Hundreds of kids die

Lethal virus closes schools

Cambodia is closing all kindergartens and primary schools to try to stop the spread of a virus that has killed hundreds of kids around Asia.

More than 2,700 kindergartens and 7,000 schools closed Wednesday because of enterovirus 71 strain, or EV-71.

Victims suffer high fever, brain swelling, paralysis and respiratory shutdown.

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Pauline Kadjuk, 1, is carried in a Amautik parka by her mother Brittany Ikulik at the Northern store in the small town of Baker Lake, Nunavut, in this March 2009 file photo. NATHAN DENETTE/THE CANADIAN PRESS

Inuit kids more likely to face death: Report

Nunangat. Statistics point to one of the biggest public-health problems of the North, experts say

A new study paints a bleak picture of life — and death — among children and teenagers living in the Inuit Nunangat, the four Arctic regions that make up the Inuit homelands.

Children and teens growing up in the Nunangat are roughly five times more likely to die than their counterparts in the rest of Canada.

They are 11 times more likely to succumb to an infectious or parasitic disease and twice as likely to be killed by a non-communicable one. Their risk of dying from an injury is nearly 11 times higher than children and teenagers in the rest of

the country.

But the biggest driver behind the staggeringly higher death rate among Inuit children and teens is suicide.

The report, from Statistics Canada's health analysis division, found that the suicide rate among children and teens in the Inuit homelands was 30 times that of youth in the rest of Canada during the five-year period from 2004 to 2008.

THE CANADIAN PRESS

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Birth defects. Australian woman wins millions in Thalidomide lawsuit

An Australian woman born without arms and legs after her pregnant mother took the anti-morning-sickness drug Thalidomide has reached a multimillion-dollar settlement with the medicine's British distributor, her lawyer told a court Wednesday. The German maker of the drug refused to settle.

Lynette Rowe, 50, of Melbourne, is leading a class-action suit on behalf of children born with congenital birth defects linked to Thalidomide. The drug was given to pregnant women in the 1950s and 1960s as a treatment for morning sickness, but was yanked from the market in 1961 after it was linked to birth defects.

Rowe sued three parties: German drugmaker Grunenthal, U.K.-based Distillers Company (Biochemicals) Ltd. — which sold the drug in Australia — and Diageo Scotland Ltd., the successor company to Distillers.

In court on Wednesday, Rowe's lawyer, Peter Gordon, said his client had reached a settlement with Diageo and Distillers while Grunenthal declined to settle.

Exact terms of the settlement were confidential, but Rowe's lawyers said it was several million dollars. The lawsuit asked for compensation for the victims' pain and suffering, lost wages, and future medical care. **THE ASSOCIATED PRESS**

Human-rights tribunal

B&B ordered to pay for refusing room to gay pair

The owners of a now-closed Christian bed-and-breakfast in British Columbia must pay more than \$4,000 for refusing

a room to a gay couple. Brian Thomas and Shaun Eadie had booked a room at the Riverbend Bed and Breakfast in Grand Forks in June 2009. But their reservation was cancelled shortly after the establishment's owners, Susan and Les Molnar, realized the two men were together. **THE CANADIAN PRESS**

South Africa celebrates Mandela's 94th birthday



Two women walk past a mural designed to celebrate former South African president Nelson Mandela's 94th birthday, in Johannesburg on Tuesday.

THEMBA HADEBE/THE ASSOCIATED PRESS

Respect. Divided nation comes together to pay tribute to former leader in song and good deeds

A nation divided between black and white, rich and poor, came together Wednesday to honour Nelson Mandela, the deeply loved statesman who helped bring freedom to South Africa. The good deeds done on Mandela's 94th birthday ranged from building houses to performing free eye-cataract operations.

Education officials estimated nearly 12-million children kicked off celebrations

Appreciating an icon

"Mr. Mandela taught us to love ourselves, to love one another and to love our country."

Archbishop Emeritus Desmond Tutu, on former South African leader Nelson Mandela

in the morning with resounding "Happy Birthday" choruses in schools from well-funded private institutions to barely furnished rooms in villages.

Millions more South Africans joined in from offices, buses, train stations and Mandela Square, set amid the plush skyscrapers and exclusive boutiques of Johannesburg's Sandton City.

Mandela spent the day quietly with family and friends in southeastern Qunu village, according to Sello Hatang, a spokesman for the Nelson Mandela Foundation. An AP Television cameraman caught the venerated leader with a champagne flute in his hand, flanked by his wife, Graca Machel, and former wife Winnie Madikizela-Mandela, before a ribboned two-tiered birthday cake.

Communities in South Africa dedicated 67 minutes of the day to volunteer work and projects for the needy — one minute to mark each of Mandela's 67 years in public service.

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Vienna. No such thing as free water

In Vienna's legendary coffee-house tradition, a free glass of tap water with your coffee has been a cherished part of everyday life.

Now many Viennese are up in arms over a movement by restaurateurs to start charging for tap.

It amounts to cultural sacrilege in a city where delicious tap water — fed by Alpine springs — is seen as a birthright, and part of the whole experience of lounging in centuries-old cafés or savouring young wine at one of the Austrian capital's many leafy outdoor eateries.

For now, payment is vol-

untary, with 11 restaurants participating in a charity campaign meant to collect funds for clean-water-starved Sierra Leone. But the establishments pocket half the water fee and prominent restaurateurs are starting to lobby for an obligatory tap-water charge, unrelated to aid for Africa, just as the charity program has begun.

Many Viennese suspect that the Sierra Leone campaign and industry calls to charge for water cannot be pure coincidence. Some see a cynical ploy to take advantage of charitable feeling for extra profit. **THE ASSOCIATED PRESS**



A customer stirs a cup of coffee in the café Landtmann in Vienna, Austria.

RONALD ZAK/THE ASSOCIATED PRESS



So that's why they're called hydrants

A woman plays in water from an open fire hydrant during the afternoon heat on Wednesday in Philadelphia. Temperatures were expected to reach into the high 30s on Wednesday.

MATT ROURKE/THE ASSOCIATED PRESS

Surprise

Man nearly fined over Kinder Eggs

A U.S. man detained at the border while returning home from Vancouver says a border guard told him he could be fined \$2,500 per chocolate Kinder Egg, illegal in the U.S. **THE CANADIAN PRESS**

Sexual harassment

Case against judge gets stranger

The man who filed a sexual-harassment complaint against a Manitoba judge is being accused of having sex with another woman for money. Alexander Chapman was in his third day of testimony Wednesday. **THE CANADIAN PRESS**

Judge's ruling

Karaoke-shooting case to go to trial

A U.S. man is accused of shooting his son because he didn't like his country karaoke singing. A judge ordered the 70-year-old to stand trial on attempted murder and assault charges. **THE ASSOCIATED PRESS**



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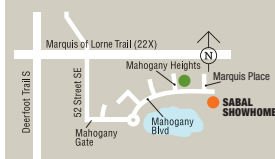
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Hungarian man charged with Holocaust crimes

Laszlo Csatory. He was chief of an internment camp at Kosice, from where 12,000 Jews were deported to Nazi death camps

A 97-year-old Hungarian man suspected of abusing Jews and helping deport thousands of Jews during the Holocaust was taken into custody Wednesday, questioned and charged with war crimes, prosecutors said.

The case of Laszlo Csatory was brought to the attention of Hungarian authorities last year by the Simon Wiesenthal Center, a Jewish organization active in hunting down Nazis who have yet to be brought to justice.

In April, Csatory topped the organization's list of



Alleged Hungarian war criminal Laszlo Csatory in a car leaving the Budapest prosecutor's office. He was placed under house arrest on Wednesday.

BEA KALLOS/THE ASSOCIATED PRESS

most-wanted Nazi war criminals.

Prosecutors decided to charge Csatory with the "unlawful torture of human beings," a war crime that carries a maximum sentence of life in prison.

Csatory's lawyer, Gabor Horvath B., said that a judge, acting on a request from prosecutors, ordered his client to be confined to house arrest 30 days. Horvath B. said he has appealed the ruling.

THE ASSOCIATED PRESS

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Craigslist. Man charged with posting classified ad asking men to rape wife

An Idaho man is charged with soliciting men to rape his wife through a posting in the "casual encounters" section of Craigslist.

The 32-year-old Twin Falls man was arraigned Monday on charges of solicitation of rape and burglary. His bail was set at \$100,000 US.

Prosecutors say that without his wife's knowledge or consent, the man posted a classified ad posing as a woman who fantasized about being raped, and then exchanged emails with the men who responded to arrange the assaults.

Twin Falls police were called to the woman's house shortly after midnight Thursday and again Saturday afternoon to reports that two different men had broken into the home.

The woman told police a man rang the doorbell early Friday, asked her name and then said: "I'm here for you," before forcing his way into the house.

The woman said the man chased her through the house. She went into the bedroom to grab a nine-mm gun, but the man grabbed the weapon. The gun went off during the struggle. No one was injured, but she

Prior case

- The allegations are similar to a case two years ago in which a man was convicted of using a "rape fantasy" posting on Craigslist to arrange an attack on his ex-girlfriend in Wyoming.

said the man fled.

The woman also fired a shot Saturday and held the uninjured man at gunpoint until police arrived, court records said. Investigators said the second man told police he was responding to a Craigslist ad, and that the person posting the ad told him she wanted to be forcibly raped as that was a fantasy of hers.

The police report said several emails were exchanged between the man and the person who posted the ad. The man was then given the address.

"He was told to force his way inside and rape the woman there and not stop no matter how much she resisted," the report said. **THE ASSOCIATED PRESS**

Colombia. Authorities retake ground in battle with Nasa Indians

Colombian authorities say they've retaken a strategic hill in the country's turbulent southwest from Nasa Indians who had forcibly dislodged soldiers.

The action early Wednesday by a squad of riot police came a day after Indians armed with clubs and rocks dragged six soldiers off the hilltop.

Members of the 115,000-strong Nasa tribe are insisting the military and leftist rebels leave their traditional lands.

They say they are tired of being caught in the crossfire of Colombia's long-running conflict.

The government rejects the demand, and President Juan Manuel Santos tweeted Wednesday that Indians will not be allowed on military bases. His defence minister and military allege rebels have infiltrated the Indians' ranks.

The region is a corridor for cocaine smuggling and locals also cultivate high-grade marijuana. **THE ASSOCIATED PRESS**



Protesters challenge riot police during a demonstration Wednesday to demand the military withdraw from native lands in Caloto, southern Colombia. **JUAN BAUTISTA DIAZ/THE ASSOCIATED PRESS**

Death row. Man becomes first Texas inmate killed with a single lethal drug

A 33-year-old man convicted of carjacking and fatally shooting a stockbroker went to the Texas death chamber Wednesday, becoming the first person in the state executed with a single lethal drug.

Texas Department of Criminal Justice officials announced last week they were modifying a three-drug execution procedure used since 1982 because the state's supply of one of the drugs — the muscle relaxant pancuronium bromide — has expired. Yokamon Hearn was executed using a single dose of the sedative pentobarbital.

Hearn was sentenced to

Other states

- Ohio, Arizona, Idaho and Washington have already adopted a single-drug procedure.

death for the March 1998 slaying of Frank Meziere, 23. Shortly before Hearn's execution, Wednesday evening in Huntsville, the U.S. Supreme Court rejected appeals to halt it.

None of the appeals addressed the change in the state's execution drug policy.

THE ASSOCIATED PRESS

Mali

Rebels release three hostages

Islamist rebels in north Mali on Wednesday released an Italian and two Spanish hostages who had been held since October, a spokesman with an allied group said.

THE ASSOCIATED PRESS

Iran

New issues cloud nuclear talks

Announcements bouncing between Tehran and Washington show new issues are piling up even as Western envoys try to find a path to move nuclear talks forward.

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Mark Carney, governor of the Bank of Canada, holds a press conference at the National Press Theatre in Ottawa on Wednesday to discuss the contents of the Monetary Policy Report. SEAN KILPATRICK/THE CANADIAN PRESS

Carney says he'll help reform LIBOR system

Mark Carney says he intends to use his position as head of the international Financial Stability Board (FSB) to take up the issue of reforming the scandal-plagued interbank-lending system at the earliest opportunity.

The Canadian central banker said Wednesday he's already exchanged views with his counterparts in the world's leading economies and plans to discuss possible reforms in September, when FSB officials

next meet. Carney said he and U.S. counterpart Ben Bernanke agree that LIBOR, the London interbank offered rate — which sets terms under which banks lend each other funds and influences other interest rates — is structurally flawed.

LIBOR has been discredited recently by evidence that some of the banks that set the benchmark have provided false information in order to support their positions as far back as 2008. **THE CANADIAN PRESS**

Microsoft. Windows 8 set for release in October

Microsoft says Windows 8 will go on sale Oct. 26. The upgrade to its operating system is designed to work better with touch screens and on tablet computers.

Microsoft announced the date in a blog post and at its annual sales meeting Wednesday.

Microsoft is releasing the software as a downloadable upgrade that day for PC owners, and letting PC makers start selling computers with Windows 8 the same day.

THE ASSOCIATED PRESS

WORD FOR TODAY

A close relationship with Jesus gives you access to real power - the type that saves the lost soul, heals the sick, opens blind eyes, and brings the dead back to life. How close are you to Jesus?

(Philippians 3:10, that I may know Him and the power of His resurrection)

WORDFORTODAY.CA

Funding cuts to lower cable and satellite bills

Broadcasting. The CRTC is phasing out a local-programming fund aimed at helping stations during the 2008 recession

Upcoming cuts

Beginning Sept. 1, required contributions will be cut to one per cent of gross broadcasting revenue, and on Sept. 1, 2013, the fee will be cut to 0.5 per cent of gross broadcasting revenue.

- By Sept. 1, 2014, the fund will be discontinued.

Cable and satellite bills will be shrinking a little bit as the CRTC begins to phase out a special fund designed to boost local programming.

The Canadian Radio-television and Telecommunications Commission issued a decision Wednesday, saying that the Local Programming Improvement Fund will be phased out over the next two years. It was introduced during the 2008 recession to help conventional stations operating in non-metropolitan areas.

Many cable and satellite providers passed along the 1.5

per cent fee of the recurring monthly bill to consumers, and the CRTC says they can expect a corresponding reduction in their cable or satellite bills as the fee is phased out.

In 2010, 78 stations received funding totalling \$100 million. In 2011 80 stations received \$106 million.

"The fund was created to ensure television stations had the resources to meet Canadians' needs for local programming.

We are satisfied with the support it has provided during a difficult economic period," said Leonard Katz, CRTC's vice-chairman of telecommunications and chair of the hearing panel.

The CRTC said the financial situation of these broadcasters has improved due to a recovery in the advertising sector as well as a successful transition to digital television. It said it was confident that these stations will maintain the same quality of programming without support from the fund.

Cable and satellite companies must prepare a report by Sept. 17, outlining the measures taken to ensure that the bills of affected consumers will reflect these reductions, and they must also provide evidence that consumers have been notified or that they were never required to pay the contribution.

TORSTAR NEWS SERVICE

StatsCan

Chinese coming to visit more often

Statistics Canada says fewer people travelled to and from Canada in May compared to travel in April.

Canadian residents made 5.3 million trips abroad that month, mostly to the U.S., but that's 1.7 per cent fewer trips than in April. However, Chinese visitors to Canada rose to 24,000 trips, a 3.4 per cent increase. Statistics Canada reports that China has overtaken Australia as the fourth-largest overseas market for Canada behind the U.K., France and Germany. **THE CANADIAN PRESS**

Market Minute

	DOLLAR	98.94¢ US (+0.18¢)
	TSX	11,579.15 (+7.96)
	OIL	\$89.87 US (+65¢)
	GOLD	\$1,570.80 US (-\$18.70)
Natural gas:		\$2.973 US (+17.7¢)
Dow Jones:		12,908.7 (+103.16)

The future is in e-retailers: Report



Big-box retailers are starting to feel the heat from online retailers like Amazon, concludes a new report on the future of retail. MATT CARDY/GETTY IMAGES FILE

The future of retail is in the palm of your hand.

"Big box retailers like Best Buy and Walmart are starting to feel the heat as sales decline in the face of stiffer competition from e-retailers like Amazon," declares the third annual Future of Retail report from trend-watchers PSFK.

"Showrooming is the new reality."

Meaning, explains PSFK founder and president Piers Fawkes, customers are already using their mobile phones to shop and retailers have to stop fighting and join in.

"There's a great opportu-

nity to provide personal service," says Fawkes. "Technology is pretty cheap compared with the proprietary systems of the past."

The future, then, lies in combining that mobile, roving database customers are carrying with brick-and-mortar shopping.

Fawkes uses the example of trying to find a jacket online.

Currently he has to rifle through 100,000 jackets he doesn't want first. Soon, retailers will know how to show him two or three that meet all his criteria.

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Lumber-export ruling called a 'total victory' for Canada

Pine-beetle-infested wood. B.C. forests minister says tribunal decision shows the U.S. complaints were unwarranted

Canada is declaring victory in a dispute with the United States over softwood-lumber exports from British Columbia.

A tribunal convened under the 2006 softwood-lumber agreement ruled Wednesday that Canada did not circumvent the deal by shipping large quantities of pine-beetle-infested lumber south of the border.

International Trade Minister Ed Fast called the decision a welcome victory for workers in B.C.'s lumber industry.



Workers pull graded lumber off a conveyor belt at a mill in Richmond, B.C., in this file photo. RICHARD LAM/THE CANADIAN PRESS

"We applaud the tribunal's decision in favour of our lumber industry," Fast said. "This positive outcome is the result of our close collaboration with provincial and industry partners and

proof that the (softwood lumber agreement) is good for Canada's forestry sector."

The United States launched the dispute, arguing that B.C. was subsidizing wood dam-

aged by the mountain pine beetle. The U.S. Lumber Coalition expressed bitter disappointment in the ruling by the London Court of International Arbitration.

"The coalition is very disappointed that the LCIA did not find that compensatory export taxes were justified to collect the export taxes imposed under the SLA that B.C. producers have been effectively evading since 2007," said coalition chairman Steve Swanson, who also runs the family-owned Swanson Group in Oregon.

B.C. denied the province was cheating, saying U.S. producers should have known there would be an effort to clear dead, beetle-infested timber. On Wednesday, B.C. Forests Minister Pat Bell was declaring "total victory." Industry observers said the dispute was the most serious to date under the softwood-lumber agreement, which is set to expire in October 2015, because it struck at the core of forestry policy and timber pricing.

THE CANADIAN PRESS

Add-on services

Capital One forced to payback customers

The Obama administration's consumer-watchdog agency flexed its enforcement muscles for the first time Wednesday and ordered Capital One Bank to repay millions of credit-card customers allegedly tricked into buying costly add-on services.

Capital One will pay \$210 million US in refunds and regulatory fines. Most of the money will go directly to customers.

The bank's phone-sales operators told customers that services like payment protection and credit monitoring were free or mandatory or offered more benefits than they did, federal officials said. The hard selling targeted people with poor credit, they said.

The order against Capital One is the first enforcement action by the Consumer Financial Protection Bureau, set up a year ago. THE ASSOCIATED PRESS

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LIFE SUCKS AND THEN YOU DIET



HE SAYS...
John Mazerolle
metronews.ca/hesays

This is hard to swallow, but I think the weight-loss industry may have some ethical problems.

I know. It's one of those instances where our illusions are shattered and our innocence is

lost, like when the emperor in the Star Wars prequels turned out to be evil.

But I'm convinced it's true.

As an in-depth researcher of societal trends (I read Google News), I've noticed that a new weight-loss drug or diet plan or study is released almost every day.

The drug is usually approved by the authorities, but has a list of side effects as long and painful to read as Atlas Shrugged.

And the diet plan, even if it works, usually charges you to do something you could do on your own ("Order our Triple-A 'Activity Addition Abacus' for only \$19.95!").

What makes it worse is all the self-evident studies. Either it's a "positive" study showing, for instance, that running a marathon is linked to looking good in shorts, or it's a "negative" study that shows, say, a possible connection between heart disease and freebasing gravy.

The upshot is, we all know losing weight is hard, but we also know the proper way to deal with it.

I am, of course, talking about the only solution: Mazerolle-Brand Diet Products! Yes! With my unique line of inexpensive weight-loss tools, people will be asking if you've been recently ill or your money back.

My products:

- **The Diet Diary:** New findings suggest that the best way to lose weight is to keep a food diary. But what does it say about your self-esteem if you scratch out your meals on some random piece of paper? If you care about yourself, you'll buy my handsome pleather-bound Duo-Tang, complete with example entries to get you started: "Dear Diary, I like bacon sooo much. 'Like' like! But does bacon even know I exist?"
- **The Self-Dismemberment Diet:** Also known as SDD, is a quick and easy plan to lose weight. Would you give your right arm to lose weight? Then do it! Worried about side effects? Remove a side! To help stop the bleeding, order a Mazerolle Diet Plan Tourniquet.
- **Bachelor's Package:** This is the linchpin. You'll learn my own personal tricks for staying thin, such as losing your debit card on the weekend, or reminding yourself that if you cook it will mean doing dishes. Also, I lost 20 pounds (really) when the Boston Bruins made their 2011 Stanley Cup run, mostly due to stress. So cheer on a successful team. (WARNING: If you are waiting on a Canadian NHL team, you will balloon to 400 pounds.)

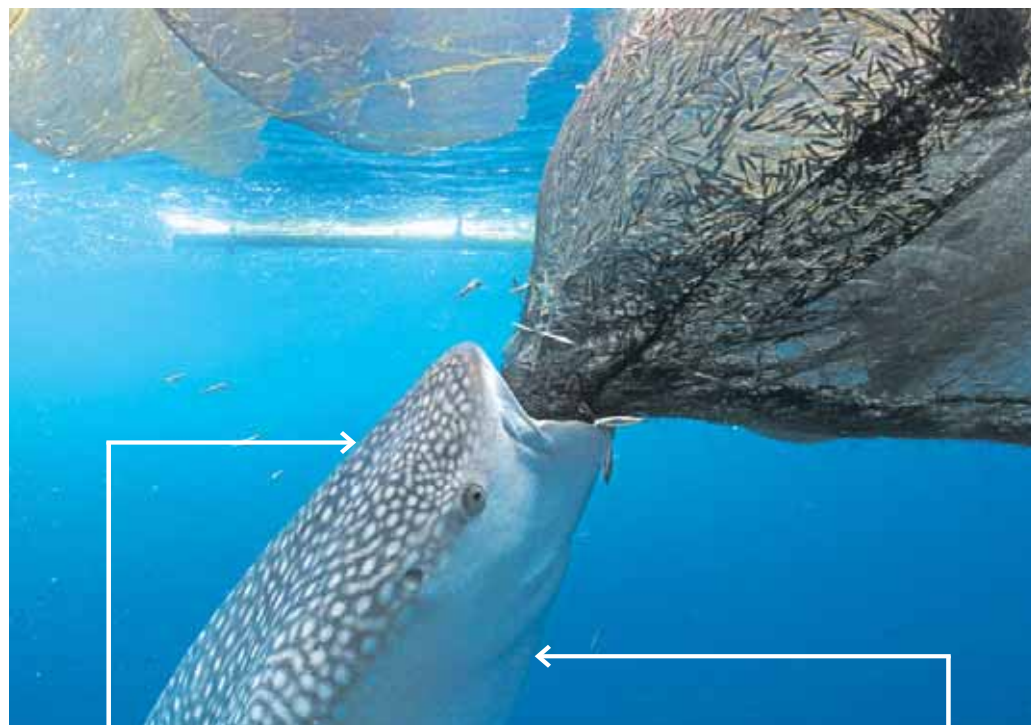
And those are my completely ethical weight-loss products. I hope you find them helpful.

One parting tip is to remember that dieting is still about eating, not starving yourself. When I get peckish, I feel free to open the fridge and treat myself to whatever's in there — usually a box of baking soda and a jar of capers. If that doesn't help you lose weight, nothing will.



Don't weight until it's too late to push back the scale. iStock

Shark is having a whale of a time



MARK ERDMANN/CONSERVATION INTERNATIONAL

Wildlife expedition

Whale-shark food feast goes viral

Divers caught a rare scene of the world's largest fish, the whale shark, sucking silverside bait fish out of a fisher's net.

The video footage taken by environmental group Conservation International (CI) in Indonesia's Cenderawasih Bay has become a viral hit since it was uploaded on YouTube last month, amassing more than 1.3 million hits.

METRO

Biologist's view



"The interest this video has gotten on the Internet is amazing

and it underscores the need for these types of expeditions to further knowledge of whale sharks."

Dr. Mark Erdmann, marine biologist and senior advisor to CI-Indonesia's marine program

Quite the appetite

- **Purpose of expedition.** To inject whale sharks with pill-sized transmitters, which serve as a unique, permanent "ID card" to monitor animals' behaviour and history.

- **Diet.** Whale sharks, the largest species of fish in the ocean, can eat up to 2.6 tons of plankton and small fish per day. Whale sharks are "filter feeders": They jut out their jaws and passively filter food into their mouth.

Adding it up

15

metres is the top length of a whale shark — as long as a common yellow school bus. On this expedition, a total of 30 individuals were successfully tagged.

Go to metronews.ca ...

- ... to see a video of the shark devouring its lunch and watch scientists free it after it gets caught in the net!



Register at metropolitanpanel.ca and take the quick poll

Do you think sugary drinks should be banned in restaurants?



Twitter

@ShawnKao: I'm thinking that the SE LRT needs a good PR slogan. Something like "The SE LRT... the only proposed shark fin soup free LRT line in #yyc"

@_KMachin: Giving blood for the first time in a long time. Hope they like green :) #yyc #riders

@emily_tatiana: Weather man said it was gonna rain so I wore tights #yyc #heat-

wave

@BrodeurNJ30: Driver turned off bus, went to 7-11. We are all roasting. Someone got on w/ a garbage bag of cans. Now it smells. Sigh. #yyc #CalgaryTransit

@SMArchambault: I have a new #weightloss solution that makes you sweat. Ride the #yyc #ctrain on a hot day in a suit. Well at least the ones without air

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Scene in brief

The award goes to...

The first time Kathleen Edwards was shortlisted for the Polaris Music Prize back in 2008, she didn't know much about the award. But it's a sign of how much the \$30,000 prize's profile has grown over the past four years that the Ottawa singer/songwriter felt very differently when she was nominated for a second time on Tuesday. She joined an eclectic 10-artist short list that also includes Toronto rapper Drake, Vancouver rock duo Japandroids and Calgary-reared songstress Feist. The Polaris Music Prize — awarded to the top Canadian album of the year based strictly on merit and not sales — is voted on by 200-plus music journalists, bloggers and broadcasters.

THE CANADIAN PRESS

On the web



Walmart in Kodiak, Alaska, gets most 'likes,' wins personal appearance by rapper Pitbull

Reaching for the peak



Jourdan Cunningham (second from right) and his band The Mountaineer release their debut CD Friday night at Broken City. HANDOUT

The Mountaineer.

Frontman Jourdan Cunningham formed folk-pop band as a way to bring his songs to a wider audience



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

Singing has been in Jourdan Cunningham's blood for as long as he can remember.

Yet, it's only been two

years since the 28-year-old guitarist and vocalist for Calgary quartet The Mountaineer stepped on stage for the first time.

"It was absolutely terrifying," recalls Cunningham, who started frequenting as many open mic nights as he could in 2010.

"I was pretty sweaty and my left leg was shaking. It's still nerve-racking in certain situations, but I just chalk it up to a little stage fright."

Cunningham's voice is a large part of the appeal of The Mountaineer, which releases its debut CD, *Hit the Woodshed*, Friday night at Broken City.

With a soulful blend of

Thom Yorke drama and Dan Vacon (The Dudes) quirkiness, Cunningham's vocals anchor The Mountaineer's shimmering folk-pop sound.

As much as he loves singing, however, songwriting has become an even bigger passion for Cunningham.

"Playing guitar and writing songs is a big outlet for me," he explains.

"If I'm going through something or if I'm upset about a situation, then I tend to write about it ... I think singing and songwriting come hand in hand. I would rather write my own material and sing it, than just perform someone else's songs."

Cunningham founded the band in early 2011 as a way to

Details

- The Mountaineer also features Dan Hanycz on guitar and harmonica, Geoff Rattan on drums and Jason Saldanha on bass.

- The band releases its first CD, *Hit the Woodshed*, at Broken City on Friday night with guests Samantha Savage Smith and Reuben & the Dark. Tickets

are available at the door.

- *Hit the Woodshed*, was recorded over a six-week period by Andrew Hamill at Chaos Theory Recordings.

- The album will be available at themountaineer.bandcamp.com and at the show.

bring his 'slow-burning folk songs' to a larger audience. The group made its debut at a local band night at Morgan's Pub and has since become a must-see band in Calgary's indie folk scene.

"We kind of had to hound

people at the beginning to get a show," Cunningham admits.

"But once we got a gig, one person from a venue will vouch for your and the other bands in the same circle as you kind of start looking out for you."

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Walk Off the Earth parlays YouTube celebrity into a full-length album

Gainful gimmick.

Band who covered Gotye's single on one guitar promises their music will stay fun — despite record deal

PAT
HEALY

Metro World News in Boston

If you're among the 127 million people who have seen Walk Off the Earth cover Gotye's mega-popular single with one shared guitar, you know that these five Canadians are all about innovation. So it's no surprise then that the band was able to leverage their YouTube popularity for an album that will be out in the fall. Though the album will comprise almost all original material (don't worry, the Gotye song will be on there), singer Sarah Nicole Blackwood says that the major label deal won't change



Walk Off the Earth's cover of Somebody that I Used to Know on one shared guitar was a YouTube sensation. SUPPLIED

their fun approach to music.

With the very notable exception of the Somebody That I Used to Know clip, there are so many different

instruments in your videos. Do you bring all of them on tour?

Yeah, we totally do. Our crew hates us, actually. Not only do we bring them but we throw

them at them throughout the show.

You're the only one who's playing regular guitar there, plucking strings and fret-

ting, right?

Yeah. I mean Gianni [Luminati Nicassio] is doing the same thing, kind of soloing away, [Ryan] Marshall's got the bass line, Joel [Cassady] is playing

drums and then Beard Guy's playing the clanky noise.

You really call him Beard Guy?

Yeah, we actually call him Beard Guy. Well, in the band. ... He's always had his beard. He just looked really cool when we were doing takes for the video. As we shoot a video it's really cool how each character will develop pretty much right away, so we were watching some of the takes that we had done and we were just like, "Dude, you look cool just staring off to the side like that, just do that." And that kind of became his character. But we actually do like — when we talk to him, instead of saying "[Mike] Taylor," we'll be like, "Hey Beard!"

How long does it typically take to do one of these videos?

A long time. Most of our videos are one take, which is — it takes a long time to shoot but it takes a short period of time to edit, which is a lot nicer.

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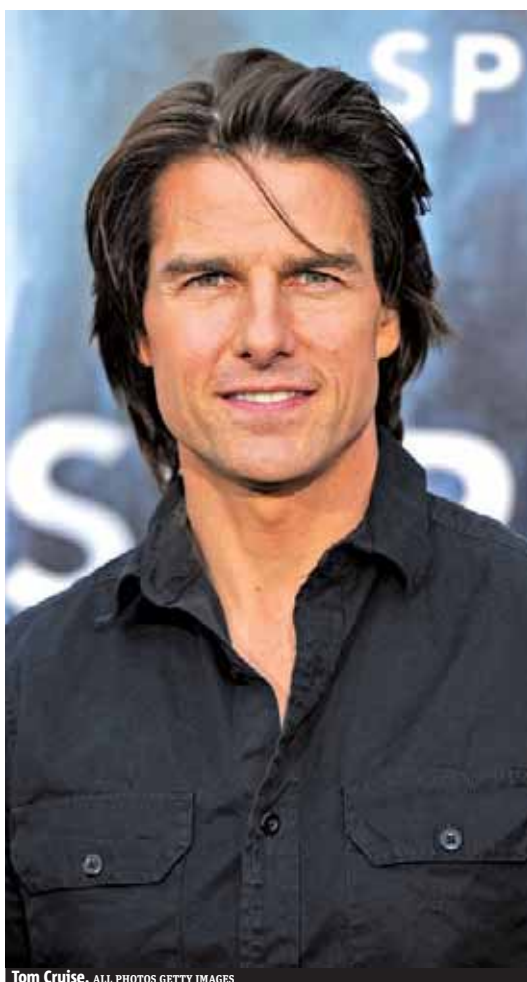
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Tom Cruise. ALL PHOTOS GETTY IMAGES

Tom Cruise gets first visit with Suri since divorce

Tom Cruise had his first visit with daughter Suri since he finalized his divorce settlement with Katie Holmes, according to Us Weekly.

The actor flew overnight from the California set of Oblivion to spend time with the six-year-old in New York, where paparazzi spotted Cruise carrying Suri around, her head buried in his shoulder.

"Katie wants to make sure the visits are in the

Quote

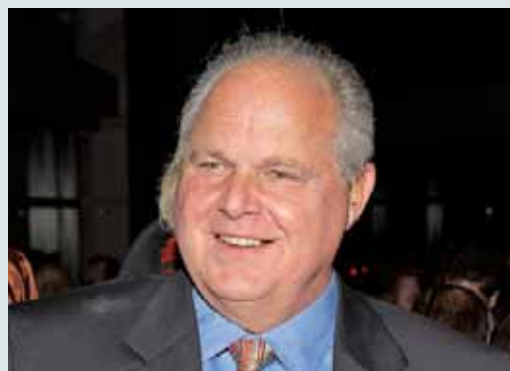
"Katie wants to make sure the visits are in the context of him being a parent figure." Source

context of him being a parent figure," a source recently told the magazine. "He adores Suri, but now he's afraid he won't be able to have a close relationship with her."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Limbaugh trying to get a rise out of Dark Knight fans

THE WORD

Monica Weymouth
scene@metronews.ca

Rush Limbaugh is like a cat on a diet — it's best to ignore his constant whining and pawing until it's truly impossible to read the paper in peace.

Unfortunately, today is one of those days, so you'll have to excuse us as we tune in to his thoughts on The Dark Knight Rises.

On his Tuesday radio show, Limbaugh laid out an impressive conspiracy theory, even for him: The villain of the latest Batman flick is named Bane, which he believes is a reference to the venture capital firm presumptive Republican presidential candidate Mitt Romney worked for. Take it away, Rush.

"Do you think that it is accidental that the name of the really vicious fire-

breathing, four-eyed whatever in this movie is named Bane?" he asked. "A lot of people are going to see the movie — and it's a lot of brain-dead people, entertainment, the pop-culture crowd — and they're going to hear Bane in the movie and they're going to associate Bain. The thought is that when they start paying attention to the campaign later in the year, and Obama and the Democrats keep talking about Bain, Romney and Bain, that these people will think back to the Batman movie — 'Oh, yeah, I know who that is.'"

Rush, we're going to excuse the "brain-dead" comment in the hope that it's a zombie reference — we mindless pop-culture people like our zombies.

But we also have to point out that the character of Bane first surfaced in the 1993 comic and also appeared in the 1997 film Batman & Robin.

Now, as for Heath Ledger's spectacularly, award-winningly deranged Joker? We can't promise there wasn't a little GOP inspiration there.



Jennifer Lopez

Lopez looked through Casper when they first met

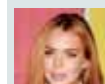
In his first public comments about his relationship with Jennifer Lopez, Casper Smart admits he didn't see fireworks the first time they met.

"I don't think it was for either of us," Smart

says when asked by Good Morning America if it was love at first sight for him and Lopez.

"It was just very natural how it happened. There was nothing before, no flirting, nothing."

Twitter



@lindsaylohan
its interesting to orchestrate a sex scene w/forks & spoons



@channingtatum
I think all thongs are "interestingly" uncomfortable and hilarious.



@BrettRatner
Who knows where I can buy this round sauna with a window for my house?



@normmacdonald
A dingo punched my son in the face for not doing his homework.

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3

LIFE

Fashion Flash

Famous fanny: Gaga bares bod for fragrance

Lady Gaga has revealed her body yet again in an advert for her first fragrance Lady Gaga Fame. The ad campaign, shot by world-famous fashion photographer Steven Klein, features a reclining nude Gaga wearing a black mask as she holds the gold-topped fragrance bottle in an outstretched hand. Luckily for Gaga, her intimate areas are dutifully hidden by what appear to be mask-wearing, thong-clad miniature mythical warriors — 'Little monsters' perhaps? The scent's ingredients are listed as Tears of Belladonna, crushed heart of tiger orchidea, with a black veil of incense, pulverized apricot, and the combative essences of saffron and honey drops." Bizarre, yes, but suitably kooky.

METRO WORLD NEWS

On the Web



The high-tech swimsuits of the last Summer Olympics have been banned, but Canada's swimmers say it's still an adventure squeezing into their tight racing suits. Scan the code to watch the video.

Licence to kill... in style

New Bond film Skyfall marks 50 years of girls, gadgets and 007 charm.

Here, the film's costume designer Jany Temime talks tight trunks and getting up close and personal with Daniel Craig's 'perfect body'

RICHARD PECKETT
life@metronews.ca

Since James Bond first hit the screen in 1962's Dr. No, 007 has been privy to a bevy of top tailors and international designers. The latest is Jany Temime, costume designer of this fall's Skyfall — and long-time Harry Potter costumer. She's charged with bringing

Bond into 2012 while respecting his legacy.

"James Bond is such an iconic figure, so in one way you have to modernize it, but on the other side you have to respect people's expectations," she tells Metro.

Daniel Craig is the sixth Bond to step into the breach and puts his body on the line for Queen and Country with the good fortune of having Tom Ford's tailoring as his body armor of choice. "We decided to settle for something very body-conscious in muted colors like soft blues and grays. First, he has a lovely body," she says, with a laugh, "so it was quite interesting to use it and second, it helps to follow all his movements."

The French-born designer assures me that she took inspiration from the '60s, with a nod to the first Bond played by Sean Connery. "It has a modernized '60s al-



Tight tailoring and a fixed glare, ready for action SONY

lure but not boxy like a suit from that era. The suit has narrow lapels, high-waisted, tight trousers that just break on the shoes and cut in lightweight fabrics such as fine wool and mohair."

Body-skimming tailoring

is one asset that Bond has never been shy of bearing all for the camera — and we'll see his legs in this installment.

"His light blue shorts, they're very iconic of Bond and why not? Daniel Craig

has the body to use them," she lets slip. When asked if they're similar to Connery's Dr. No trunks, she responds, "Well, let's just say that the shape and the colour could be similar. I'm not allowed to tell you that, I suppose!"

Designing 007

Designing 007: 50 Years of Bond Style, a new exhibit in London, features the looks of Bond past, including:

Matchy-matchy Bond girls



Dr. No and Die Another Day.

Gadgets and gizmos

Jaws' Teeth: Moonraker & The Spy Who Loved Me



The Golden Gun: The Man With The Golden Gun

Here's a look at what else we'll see

Eve, the co-worker

"She's the colleague that you shouldn't play with; that very sexy 'girl next door' kind of look," says Temime. Gents, it certainly appears that the high-octane action scenes are not the only thing that'll excite as the designer enthuses, "Eve (Naomie Harris) has the most amazing body and the most beautiful bottom (gasps). I used bright colours, a yellow skirt, orange dress and beige because of the colour of her skin — it brings a warmth and a flash in the film."



Sévérine, the Bond girl

"I was inspired by the film noir and the '50s — she has that aura of classic beauty," says Temime. It seems Sévérine, played by the sultry Bérénice Marlohe, is a femme fatale who shares traits with Eva Green's Vesper Lynd (Casino Royale) as the costume designer describes: "She is somebody who you never quite understand but you know that she has had a heavy past." She adds, "Sévérine, she's a bad girl."



Temime on Bond baddie Silva

"Oh, Javier (Bardem) is completely different. He has a touch of sexual danger," says Temime, who continues the movie's sexual trope. Although Bardem's role in the film is being kept hush-hush, he does at one stage appear like many Bond villains before him with a blond hairdo. The costume designer reveals: "His suits are from a Savile Row tailor. If James Bond is an English gentleman in every situation, Javier is not in all."



It's love-love for Sharapova

Sporting style. Maria Sharapova and David Koma make the perfect pairing. We take a sneak peek at what the world No. 1 will be wearing to tennis' red carpet occasion

METRO WORLD NEWS
life@metronews.ca

"No, no, not nervous. I've been lucky to work with quite successful women in the past", says a relaxed David Koma on dressing Russian tennis players Maria Sharapova and Anastasia Pavlyuchenkova. An understatement, yes, but there's not a hint of arrogance in the voice of the London-based designer as he rattles off megastars wearers such as Beyoncé (as seen at the MTV Europe Music Awards), Jennifer Lopez, Rihanna and Kylie Minogue.

The Georgian-born designer seems to know exactly what women want. His body-conscious dresses emphasize the hourglass figure — perfect for body-confident, powerful women.

Beauty for Koma isn't just physical: the women he dresses all share his confident but not cocksure attitude. He says of Sharapova, "She is number one because she has always worked



Koma GETTY



Sharapova GETTY

incredibly hard, she's humble — and I think that's what makes us a good match."

Celebrity collaborations are something that Koma insists must happen organically. He didn't pursue Sharapova; he was in fact approached by her stylist last year. He explains, "A woman has to fit with my aesthetic — it needs to be a natural process." Koma adds, "tennis players look good in sportswear and I reference this style in my work, so it fits."

It also helps that the young designer is an avid tennis fan and he's given some thought to a future sportswear line. In Koma's words, "I think music, sport and fashion are very much related. If it's true to the designer's aesthetic and it forms part of their identity, I think that it works perfectly."

Koma does have his moments of almost boyish joy when he coyly says: "She's (Sharapova) an extremely beautiful woman and she's number one."

Although he's never wanted to be a slave to celebrity endorsement, Koma admits: "It's working for me and I do get a kind of double pleasure when I see my designs on a celebrity."

Designs, of course, that



The look. GETTY IMAGES

we had the pleasure of seeing on both Sharapova and Pavlyuchenkova last month at the pre-Wimbledon party hosted by the Women's Tennis Association. Although Koma, who spent much of his early life in St. Petersburg, does hint that Sharapova's look will be from the autumn/winter '12 collection. He lets on, "It will be made of a lighter material like silk crepe de chine and the sheer-ness will be in the right places. Perhaps on her beautiful shoulders, or on her back and some detail on the sleeve."

Designer-player pairings

- Serena Williams in Burberry
- Li Na in Giles Deacon
- Caroline Wozniacki in Stella McCartney
- Ana Ivanovic in Matthew Williamson
- Petra Kvitova in Mulberry



The sketch / CONTRIBUTED

Quoted

"A woman has to fit with my aesthetic—it needs to be a natural process," says Koma.

The Kit

Canadian street style

Spotted in: Vancouver

Kelsey

Student and part-time waitress

Age: 24

What she's wearing: Jacket from Urban Outfitters, denim shirt and dress from Aritzia, bag from Marc by Marc Jacobs and shoes from Aldo shoes.

Her inspiration: "I'm in my tourist outfit. I like effortlessly girly looks."

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How to work from home — in style

Design meets function. Consider wood tones, fabrics, furniture and storage as part of your decorating scheme



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Beginning in the fall, I will be working part-time from home. To accommodate this I need a small desk area for my laptop and storage, which will all need to go in my living/dining room. Any suggestions on how this could work?

The last thing you want is to set up an obvious office in the middle of your entertaining space, especially when you won't be using it full-time.

I suggest creating a desk area that blends with your current



Organic Chair, \$278,
homesav.com

decorating scheme. Consider wood tones, fabrics, furniture styles and method of storage as your key components when deciding how to decorate.

An option for a discreet, non-traditional desk could be something as simple as a modern Parson-style console table, an antique secretary china cabinet (that also offers decorative display) or a retro-



Nailhead
Upholstered Storage
Bench, \$479, westelm.com



A casual home office desk can be something as simple as a sofa table. HANDOUT

looking desk that is both sculptural and practical.

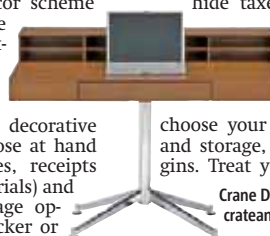
If you are only using an office chair for an hour or so each day then choose something comfortable yet super-stylish, rather than the standard five-wheeled executive chair.

Match the chair's style to the desk; if you've chosen a retro desk, then choose a retro chair. The chair should

blend well enough into your living room's decor scheme that it could be used as extra seating without looking out of place.

There are two types of storage: decorative storage that is close at hand (for monthly files, receipts and reading materials) and a long-term storage option such as a locker or

an upper shelf in a closet to hide taxes, old files and rarely used office supplies. Once you choose your desk, chair and storage, the fun begins. Treat yourself to a



Crane Desk, \$765,
crateandbarrel.com

few accessories, such as wall sconces, artwork, lamps and other decorative accessories, that blend with your living room's decor and finish off the new work area.

Want to look professional during a Skype conference call? Make the background a neatly arranged bookshelf (with books), not a messy kitchen with your cat on the counter.

Cleaning tips

Tackle household germs



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What are the most common areas for germs in the average household?

You might be surprised to learn there are more germs in the average household kitchen than in the bathroom!

Why? We know about the

bacteria in our bathroom and make more of an effort to clean it. But we often don't see or understand bad bacteria in the kitchen or in the remainder of the house.

Here are four common areas that harbour germs and bacteria around your home:

1. The kitchen sponge: Replace often and wash daily. You can put it in the microwave for one minute on high or in the dishwasher with the full drying cycle to kill bacteria.
2. The remote control: Did you know in hotels the remote is the one item with

the most bacteria? Use a cotton swab with alcohol weekly.

3. The telephone and cell phone: Use a cotton swab with alcohol weekly.

4. Door knobs of the bathroom and front door: These also need to be cleaned weekly.



Your kitchen sponge may have more germs than your toilet.

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A double arbor is framed by Laburnums. DEAN FOSDICK/THE ASSOCIATED PRESS

Gardeners beware: Some climbing plants can be thugs

Choose carefully.
Some plants can be
invasive, but don't let
that discourage you

Few plants adorn arbors or trellises as beautifully as flowering vines. They also can enhance the landscape with fragrance, provide shade and screen unsightly views.

But be careful which varieties you choose. Some vines can be thugs.

Vines are vigorous growers, which can be both good and bad for impatient gardeners. Fast-growing varieties provide thick barriers that screen well-tended yards from unpleasant backdrops. But they also might overwhelm narrow planting beds and spread beyond their intended sites. That means constant monitoring and frequent pruning.

"There's nothing like vines for softening garden fixtures,"

said Bob Polomski, a horticulturist and arborist at Clemson University in Clemson, S.C. "Most are perennials and come back every year, heavy with blooms. They also provide a cooling shade, which is especially welcome in the South."

Knowing where to place vines is critical, Polomski said. "Wisteria produces beautiful blooms, but that attracts bees," he said. "Putting vines around mailboxes may not be such a great idea for mail carriers, either."

None of which should discourage property owners from adding vines to their landscape. They simply need to plan first.

Vines climb in different ways, which may help determine which variety to choose: clinging, twining or sprawling.

Clinging vines, such as Virginia creeper, trumpet vines and ivy, have adhesive tendrils or rootlets that hold them to flat surfaces as they grow. That can make them difficult and even damaging to remove if

Tips

**A few things to consider
when adding plant supports**

- Give vines space to breathe to prevent mould and decay. Set freestanding trellises a few inches away from structures.
- Opt for strength and size when setting up an arbour, trellis or pergola. Vines can live for decades and grow heavy with age.

the vines are attached to shingles or wood siding.

Twining vines, such as clematis, jasmine, wisteria and morning glories, spiral upward, looping around poles, latticework or fences.

Roses, bougainvillea and sweet peas are sprawling plants that often must be tied to a trellis, especially when getting started. **THE ASSOCIATED PRESS**



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Superfood makes for a super delicious pasta

Most people know that kale is a nutrient-dense plant that is good for them, but many draw a blank when it comes to preparing it. Dismayed by this lack of knowledge, Vancouver master gardener Sharon Hanna was inspired to write a guide and cookbook

on the leafy vegetable.

The Book of Kale: The Easy-to-Grow Superfood (Harbour Publishing Co. Ltd.) is a compendium of everything you ever wanted to know.

"It blows my mind that people are crazy about kale, but they don't know how to

eat it," Hanna said in an interview from Vancouver. "So this book pretty well tells you everything you need to know and more than a normal reasonable person would ever want to know."

The vegetable, which thrives in gardens across the

country, is "one of the most nutritious foods on the planet," packed with vitamins, minerals and phytonutrients (plant-based compounds). Benefits include boosting immunity, repairing damaged tissue and protecting eyes from damaging UV light,

Kale and Goats with Bows



This recipe serves four. THE CANADIAN PRESS H/O

helping to prevent age-related macular degeneration and cataracts, among others.

Kale and Goats with Bows

Any variety of kale is fine in this super easy pasta dish as everything is cooked in one pot, says Hanna.

Feel free to use mature leaves as they'll be whirled with goat cheese to create a strikingly green pesto that melts into the hot pasta. If you have calendula in your garden, be sure to garnish the pasta with some edible orange petals — nasturtiums work too.

This is suitable for vegetarians and those on a gluten-free diet if non-gluten pasta is used.

squeeze excess moisture from kale. Add to food processor along with cheese, pine nuts, salt, pepper and lemon juice. Process while adding olive oil slowly, until mixture is creamy.

4. Let pesto mixture stand until pasta is cooked to the desired texture.

5. Drain pasta well and combine with pureed mixture. Before serving, sprinkle with extra goat's cheese and fresh thyme leaves, if desired.

THE CANADIAN PRESS/THE BOOK OF KALE: THE EASY-TO-GROW SUPERFOOD BY SHARON HANNA (HARBOUR PUBLISHING CO. LTD., 2012)

Ingredients

- 6 large garlic cloves, peeled
- 2 or 3 small shallots, peeled
- 2 l (8 cups) kale leaves, packed
- 350 g (12 oz) dried farfalle (butterfly pasta)
- 250 g (8 oz) soft goat's cheese, plus extra for topping
- 45 ml (3 tbsp) pine nuts
- Salt and black pepper, to taste
- 45 ml (3 tbsp) lemon juice
- 125 ml (1/2 cup) extra-virgin olive oil
- Fresh thyme leaves (optional)

1. Bring a large pot of salted water to a boil. Add garlic and shallots and boil gently for 4 minutes. Add kale leaves and continue to boil for another minute. Watch the pot — you want the kale to remain bright green.

2. Using slotted spoon, remove kale to a colander. Scoop out garlic and shallots and transfer to bowl of a food processor. Leave pot with water at a boil. Drop pasta into boiling water.

3. While pasta is cooking,

Book of the week

Discover joys of a 'miracle food'



Kale has been lauded one

of the most nutrient-dense greens in existence. Yet, many don't know how to make it taste good.

Sharon Hanna changes that with her book The Book of Kale, which offers more than 70 simple recipes for breakfast, lunch, dinner and snacks.

Wilted Kale with Caramelized Parsnips, Pizzocheri Noodles with Greens and Fontina, Kale and Potato Torta and Kale in Coconut Milk with Salmon Candy are all sure to blow kale skeptics out of the kitchen.

The book also provides tips on growing kale in your own backyard. **METRO**

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NHL

No date-rape charge for Kings' Doughty

Prosecutors have declined to file a date-rape charge against Los Angeles Kings star Drew Doughty, citing insufficient evidence.

The Los Angeles County District Attorney's Office issued a report Wednesday concluding there was not enough evidence to prove the case beyond a reasonable doubt.

A woman who accused Doughty of raping her said she had consensual sex with him previously.

She told of drinking with him at a Hermosa Beach bar, then going to his home, where she alleged he assaulted her.

THE ASSOCIATED PRESS



Drew Doughty
GETTY IMAGES FILE

CFL

Argos edge past ailing Bombers

Ricky Ray threw three TD passes, including a 37-yard strike to Jason Barnes with 2:06 remaining, to rally the Toronto Argonauts past the hard-luck Winnipeg Blue Bombers 25-22 on Wednesday night.

Toronto (2-2) needed Ray's heroics to pull out the win over the Bombers (0-4), who lost receiver Terrence Edwards, safety Ian Logan and defensive lineman Brandon Collier to first-half injuries. The defending East Division champions have lost 10 starters — including quarterback Buck Pierce — to various ailments this year. **S. THE CANADIAN PRESS**



Calgary Stampeders quarterback Kevin Glenn throws as he is rushed by Montreal Alouettes linebacker Kenny Ingram last Thursday in Montreal.

PAUL CHIASSON/THE CANADIAN PRESS

Glenn says he's put shaky start behind him

CFL. The Stampeders' replacement for Drew Tate says he's ready to guide team against the Roughriders Thursday

It's not going to get any easier for Calgary's newly minted starting quarterback Kevin Glenn.

With Drew Tate electing to have shoulder surgery that will sideline the quarterback for the rest of the CFL season, Glenn has stepped into the starter's role but is off to a shaky start.

Glenn threw a costly interception late in the game against

Quoted

"It's crazy because I played in Saskatchewan and when we used to come to Calgary, I used to say, 'Man, we've got a lot of fans.'"

Calgary quarterback Kevin Glenn knows Rider Nation will be on hand to give Saskatchewan a boost in its bid to remain the league's only undefeated team

Montreal and the Alouettes rallied to beat Calgary 33-32.

He said he's put that game behind him and is ready to guide Calgary in an important divisional match against the unbeaten Saskatchewan Roughriders on Thursday at McMahon Stadium.

"The biggest thing for us as an offence is to stay on the field, keep their offence off the field

and put points on the board," Glenn said Wednesday. "What we can do is we can come out here and give 100 per cent on the field and try our best to produce wins for the fans."

Glenn, 33, started his career in Saskatchewan, where he played three seasons with the Riders from 2001-03 before going on to suit up for the Winnipeg Blue Bombers, the Tiger-

Cats and now the Stamps.

Roughriders quarterback Darian Durant has no doubt that Glenn has the ability to bounce back with a solid performance after two straight road losses.

"He's never really been a guy that gets down after a big game," Durant said. "He always bounces back. He always gives his team an opportunity to win."

Saskatchewan's rookie head coach Corey Chamblin hopes vocal Riders fans help his team to a fourth straight win to start the season.

"We're 3-0 and hopefully there's more green than red here, then I'd really love it," Chamblin said.

THE CANADIAN PRESS

NHL labour talks remain peaceful for now



NHL commissioner Gary Bettman speaks to reporters on Wednesday in New York. JASON DECROW/THE ASSOCIATED PRESS

The NHL and the NHL Players' Association resumed labour talks at the league offices in New York on Wednesday.

The two sides held a cordial meeting for more than two hours in another round of negotiations for a new collective bargaining agreement before the current one expires on Sept. 15.

Executive director Donald Fehr said the NHLPA has not yet decided to make a counter-offer to the league's initial proposal last week.

"We requested further information," Fehr said. "The initial

Quoted

"We have a lot of work to do and a relatively short time."

NHL commissioner Gary Bettman

proposal we are looking hard at.

"We're not at that stage (to submit a counter) yet. At the appropriate point in time, we'll make our proposal."

There were multiple reports coming out of the last round of talks that the owners' offer in-

cluded players' hockey-related revenues getting slashed from 57 per cent to 46 per cent. It also was reported that players would be forced to wait 10 years before becoming unrestricted free agents and that contracts would be limited to five years.

Fehr said the NHLPA would submit a proposal "at the appropriate point in time." He did not specify when that would be.

NHL commissioner Gary Bettman said the league's offer last week was a "serious proposal." **THE ASSOCIATED PRESS**

4

SPORTS

Cycling

Wiggins' lead grows in France

Cadel Evans' hopes of retaining his Tour de France title collapsed Wednesday in the first day of Pyrenees punishment, losing ground to leader Bradley Wiggins in the 16th stage won by Thomas Voeckler.

Evans fell from fourth to seventh overall after struggling on the last two climbs out of four in the stage, while Wiggins wore the yellow jersey a little more comfortably. Evans said he had been battling stomach problems. Also Wednesday, Luxembourg rider Frank Schleck denied taking any banned substance despite testing positive for a forbidden diuretic at the Tour de France, and has suggested he may have been poisoned. The RadioShack Nissan Trek team leader said he "formally rejects" having taken any banned substance, and requested the "B" sample to be tested. **THE ASSOCIATED PRESS**

Mobile sports



The Brooklyn Nets' public courtship of Magic centre Dwight Howard has come to end — for now. The Nets signed Brooke Lopez to a four-year, \$61-million US extension on Wednesday and the seven-footer says he's harbouring no hard feelings. Scan the code for the story.

Basketball. With NBAers in town, largely ignored hoops gets some attention

The question would be almost unimaginable in North America.

"Who's No. 6?" a reporter asked a U.S. official.

Yes, even LeBron James isn't recognized everywhere in Britain, where soccer is king and basketball is an afterthought.

That will change at least briefly in Manchester on Thursday, with James and the U.S. Olympic team bringing it some rare attention with a game against Britain.

It's only an exhibition, so the result doesn't matter. But the event does, to those who want to see basketball gain a place in Britain's sports culture.

"This is a massive opportunity for British basketball to get some oxygen, to breathe life into the sport in this country," said Chris Mitchell, who calls Britain's games for BBC Radio. "Team USA being here is arguably the biggest-ever game this country has hosted." **THE ASSOCIATED PRESS**



LeBron James THE ASSOCIATED PRESS FILE

Quoted

"They will represent their country, they will cheer on their team and hopefully we can just play well in front of them."

LeBron James on playing in Manchester, England, on Thursday.

Sex in the village. Party time for athletes fuelled by testosterone in London

Sex and the City move over. Here comes Sex in the Village. Make that athletes' village. As in Olympics.

Tales of shenanigans at the living quarters for 10,000 super-fit young men and women have always abounded, and London doesn't look as

if it will be any different.

U.S. women's soccer star Hope Solo recently dished about serious partying at the Beijing Games, and some newly arrived athletes say they can hardly wait for the fun to begin.

Most will restrain from going too far, aware they're in the international spotlight.

Still, there's no need to be prudish, according to the man overseeing the health of the Brazilian team.

"(Sex) is common at the Olympics. It's necessary. It's natural," Dr. Joao Olyntho Machado Neto said. "If you are going to be healthy people, why not make sex?"

"Brazil is very tolerant with sex as a country. We don't have Victorian minds and we're not religious." **THE ASSOCIATED PRESS**

Quoted



"The Olympics is the height of your career, so you might do some things you don't usually do."

British beach volleyball player Shauna Mullin

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Emilie Heymans dives in the three-metre springboard event at the Canadian Olympic trials in Montreal in May. STEVE RUSSELL/TORSTAR NEWS SERVICE

Heymans plunging towards history

Diving. One more podium finish will put Canadian legend in league of her own

Emilie Heymans could earn a special place in the annals of the Olympic Games this summer in London.

A podium finish in one of her two events would make her the first diver in history to win a medal at four consecutive Olympics.

Her record is already impressive: She has won at least

one medal in each of the major multi-sport games — Olympic, Commonwealth and Pan American — since her arrival on the international scene in 1999. In addition to her 15 medals, she won the 2003 world championship in the 10-metre tower and was runner-up in the three-metre springboard at the worlds in 2009.

But Heymans is not the type to dwell on her list of accomplishments. Leave that to her biggest fan, her father Eric Heymans.

"My father is very involved in my career," says the 30-year-old diver. "He manages my

sponsorship and media requests. I consult him often and he's the person whose opinion matters most to me."

In fact, Heymans has always relied on the support of both her parents throughout her career. Both were elite athletes in their own time.

Eric Heymans played soccer in Belgium, his home country, and her mother, Marie-Paule Van Eyck, competed in Montreal's 1976 Olympics as a member of the Belgian fencing team.

"We have always considered it a privilege to support her career," said her father.

No matter what happens in London, Heymans has already realized her dream.

"My childhood dream was just to go to the Olympics," says Heymans. "It remained a dream and I didn't think I could achieve it. So to have taken part four times, it's really extraordinary."

After the London Games, Heymans plans to retire from diving to begin another career she believes will be just as exciting. With a degree in fashion marketing, she's working on developing her own line of swimwear.

THE CANADIAN PRESS

Playing hurt just part of Olympic sacrifice

Quoted



"When you're a gymnast, you really are dealing with an injury every day. That's kind of the reality of it. There's always something that hurts."

Calgary's Kyle Shewfelt

gunning for Olympic medals are reluctant to speak about it publicly, many are likely nursing sore muscles and joints and keeping tabs on other not-quite-perfectly healed injuries as they prepare for London.

"I think every athlete who reaches any kind of high-performance role at the world and Olympic level has probably had several serious injur-

ies as a result of hard training, breaking something or pulling muscles," says Werthner.

Kyle Shewfelt is a case in point.

The Calgary gymnast captured the gold medal in floor exercises at the 2004 Olympics, but 11 months before the 2008 Games, he broke both upper tibias after a mistimed landing on the vault at a World Cup event.

Surgery and months of rehab, followed by hard training, allowed Shewfelt to compete at Beijing, though his performance couldn't match pre-injury levels. But even before shattering those shin bones, he was no stranger to serious injury.

In spring 2004, he severely bruised the main bone in his ankle and wasn't able to resume practising his routines until about a month before the Athens Games.

"Advil was my best friend," Shewfelt quips.

"I think many that are competing at the Olympic Games are on a heavy dose of anti-inflammatories. But it's just par for the course."

THE CANADIAN PRESS



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MLB									
AMERICAN LEAGUE									
EAST DIVISION									
	W	L	Pct	GB					
New York	57	34	.626	—					
Baltimore	47	44	.516	10					
Boston	47	45	.511	10½					
Tampa Bay	47	45	.511	10½					
Toronto	45	47	.489	12½					
CENTRAL DIVISION									
	W	L	Pct	GB					
Chicago	50	41	.549	—					
Detroit	48	44	.522	2½					
Cleveland	47	44	.516	3					
Kansas City	39	51	.433	10½					
Minnesota	38	53	.418	12					
WEST DIVISION									
	W	L	Pct	GB					
Texas	55	36	.604	—					
Los Angeles	50	42	.543	5½					
Oakland	47	44	.516	8					
Seattle	39	54	.419	17					

Wednesday's results
N.Y. Yankees 6, Toronto 0, 7 innings
Cleveland (Jimenez 8-8) at Tampa Bay (Price 12-4), 12:10 p.m.
L.A. Angels (Williams 6-6) at Detroit (Scherzer 8-5), 1:05 p.m.
Baltimore (W.Chen 7-5) at Minnesota (De Vries 2-2), 1:10 p.m.
Seattle (F.Hernandez 7-5) at Kansas City (Hochevar 6-8), 2:10 p.m.
Chicago White Sox (Quintana 4-1) at Boston (Buchholz 8-3), 7:10 p.m.
N.Y. Yankees (F.Garcia 4-2) at Oakland (Griffin 1-0), 10:05 p.m.
Friday's games
Baltimore at Cleveland, 7:05 p.m.
Chicago White Sox at Detroit, 7:05 p.m.
Seattle at Tampa Bay, 7:10 p.m.
Toronto at Boston, 7:10 p.m.
Minnesota at Kansas City, 8:10 p.m.
N.Y. Yankees at Oakland, 10:05 p.m.
Texas at L.A. Angels, 10:05 p.m.

YANKEES 6, JAYS 0 (61/2 INN.)

Toronto	ab	r	h	bi	New York	ab	r	h	bi
Goseff	3	0	0	0	Jeter dh	3	1	2	0
Lawrie 3b	2	0	0	0	Swisher rf	4	1	1	1
YEScor ss	1	0	1	0	Teixeira 1b	3	1	2	2
Rasmis cf	3	0	0	0	AlRdg 3b	3	0	0	0
Encmz cf	3	0	0	0	Cano 2b	3	1	1	0
Lind dh	3	0	0	0	AnJons lf	3	0	1	1
Arencic c	3	0	2	0	J.Nix ss	3	2	2	0
KJhnsn 2b	2	0	1	0	RMartin c	2	0	1	0
RDavis lf	3	0	0	0	Wise cf	3	0	2	2
Vizquel ss-3b	3	0	0	0					
Totals	26	0	4	0	Totals	27	6	12	6
Toronto	000	000	0-0						
New York	400	101	0-6						

NATIONAL LEAGUE									
EAST DIVISION									
	W	L	Pct	GB					
Washington	53	36	.596	—					
Atlanta	49	40	.551	4					
New York	46	45	.505	8					
Miami	44	46	.489	9½					
Philadelphia	41	52	.441	14					
CENTRAL DIVISION									
	W	L	Pct	GB					
Cincinnati	51	40	.560	—					
Pittsburgh	51	40	.560	—					
St. Louis	47	45	.511	4½					
Milwaukee	44	47	.484	7					
San Diego	36	53	.404	14					
Houston	34	58	.370	17½					
WEST DIVISION									
	W	L	Pct	GB					
San Francisco	50	40	.556	—					
Los Angeles	49	44	.527	2½					
Arizona	44	47	.484	6½					
San Diego	38	55	.409	13½					
Colorado	35	56	.385	15½					

Wednesday's results
Milwaukee 4, St. Louis 3
L.A. Dodgers 5, Philadelphia 3, 12 innings
Pittsburgh 9, Colorado 6
San Diego 8, Houston 4
Washington 4, N.Y. Mets 3
Arizona 7, Cincinnati 1
San Francisco at Atlanta
Miami at Chicago Cubs
Tuesday's results
Washington 5, N.Y. Mets 4, 10 innings
Cincinnati 4, Arizona 0
San Francisco 9, Atlanta 0
Miami 9, Chicago Cubs 5
Milwaukee 3, St. Louis 2
Pittsburgh 6, Colorado 2
San Diego 8, Houston 2
Philadelphia 3, L.A. Dodgers 2
Thursday's games
All Times Eastern
San Francisco (Bumgarner 11-5) at Atlanta (T.Hudson 7-4), 12:10 p.m.
Arizona (J.Saunders 4-6) at Cincinnati (Leake 3-6), 12:35 p.m.
N.Y. Mets (Dickey 12-1) at Washington (G.Gonzalez 12-4), 12:35 p.m.
Miami (Buehrle 9-8) at Chicago Cubs (Maholm 7-6), 2:20 p.m.
Houston (Harrell 7-6) at San Diego (Volquez 5-7), 10:05 p.m.
Friday's games
Atlanta at Washington, 7:05 p.m.
Miami at Pittsburgh, 7:05 p.m.
San Francisco at Philadelphia, 7:05 p.m.
L.A. Dodgers at N.Y. Mets, 7:10 p.m.
Milwaukee at Cincinnati, 7:10 p.m.
Chicago Cubs at St. Louis, 8:15 p.m.
Houston at Arizona, 9:40 p.m.
Colorado at San Diego, 10:05 p.m.
E—Al.Rodriguez (6). DP—Toronto 2. LOB—Toronto 6, New York 5. 2B—Arencibia (14), Jeter (19), Cano (28), J.Nix (6), Wise (3). HR—Teixeira (19). CS—J.Nix (3).

IP H R ER BB SO
Toronto R.Romero L,8-6 6 12 6 6 2 2
Beck 0 0 0 0 0 0
New York Kuroda W,9-7 7 4 0 0 0 0 5
HBP—by Kuroda (K.Johnson).
Umpires—Home, Marvin Hudson; First, Brian Runge; Second, Tim McClelland; Third, Ted Barrett.
T—2:12 (Rain delay: 0:58). A—45,986 (50,291).

TRANSACTIONS
MLB
COMMISSIONER'S OFFICE — Suspended Chicago Cub minor league RHP's Juanico De La Cruz and Antonio Encarnacion 50 games after testing positive for metabolites of Stanazolol.
AMERICAN LEAGUE
BALTIMORE ORIOLES — Recalled RHP Tommy Hunter from Norfolk (IL). Designated RHP Brad Bergesen for assignment.
BOSTON RED SOX — Placed DH David Ortiz on the 15-day DL, retroactive to July 17. Recalled INF Mauro Gomez from Pawtucket (IL).
CHICAGO WHITE SOX — Recalled LHP Pedro Hernandez from Charlotte (IL). Optioned RHP Jhan Marinex to Charlotte.
DETROIT TIGERS — Recalled RHP Jacob Turner from Toledo (IL). Optioned RHP Luis Marte to Toledo.
KANSAS CITY ROYALS — Optioned LHP Ryan Verdugo to Omaha (PCL). Recalled LHP Francisley Bueno from Omaha.
MINNESOTA TWINS — Recalled RHP Nick Blackburn from Rochester (IL).
NEW YORK YANKEES — Recalled RHP David Phelps from Scranton/Wilkes-Barre (IL). Optioned RHP D.J. Mitchell to Scranton/Wilkes-Barre.
SEATTLE MARINERS — Placed LHP Charlie Furbush on the 15-day DL. Recalled RHP Steve Delabar from Tacoma (PCL).
TEXAS RANGERS — Reinstated RHP Colby Lewis from the 15-day DL. Optioned LHP Martin Perez to Round Rock (PCL).
TORONTO BLUE JAYS — Transferred RHP Brandon Morrow to the 60-day DL.
NATIONAL LEAGUE
ARIZONA DIAMONDBACKS — Recalled RHP Jonathan Albaladejo from Reno (PCL). Optioned RHP Trevor Bauer to Reno.
CINCINNATI REDS — Optioned RHP Todd Redmond to Louisville (IL). Selected the contract of OF Xavier Paul from Louisville.
COLORADO ROCKIES — Agreed to terms with RHP Michael Solbach on a minor league contract.
HOUSTON ASTROS — Agreed to terms with OF Preston Tucker on a minor league contract.
LOS ANGELES DODGERS — Reinstated RHP Javy Guerra from the bereavement list. Optioned RHP Stephen Fife to Albuquerque (PCL).
MIAMI MARLINS — Optioned RHP Ryan Webb to New Orleans (PCL).
PHILADELPHIA PHILLIES — Optioned RHP Justin De Fratus to Lehigh Valley (IL).
SAN FRANCISCO GIANTS — Placed C Hector Sanchez on the 15-day DL. Recalled C Eli Whiteside from Fresno (PCL).

NBA
BOSTON CELTICS — Signed G Jason Terry.
DENVER NUGGETS — Waived C Chris Andersen.
PORTLAND TRAIL BLAZERS — Matched Minnesota's four-year offer sheet for G-F Nicolas Batum.
TORONTO RAPTORS — Signed C Jonas Valanciunas to a two-year contract.
NFL
NFL — Suspended Carolina DT Andre Neblett four games for violating the league's policy on performance enhancing substances.
WASHINGTON REDSKINS — Signed QB

Robert Griffin III to a four-year contract and G Josh LeRibeus.

NHL
BOSTON BRUINS — Signed D Aaron Johnson to a one-year, two-way contract.
BUFFALO SABRES — Signed F Mikhail Grigorenko to a three-year, entry-level contract.
DETROIT RED WINGS — Agreed to terms with D Kyle Quincey on a two-year contract.
NEW YORK ISLANDERS — Named Scott Pellerin coach of Bridgeport (AHL). Agreed to terms with D Ty Wishart on a one-year, two-way deal.
OTTAWA SENATORS — Re-signed F Jim O'Brien to a two-year contract. Signed D Eric Gryba to a two-year, two-way contract.
PHOENIX COYOTES — Agreed to terms with D Chris Summers on a one-year contract.
TAMPA BAY LIGHTNING — Named Rob Zetter assistant coach of Syracuse (AHL).

AHL
SAN ANTONIO RAMPAGE — Agreed to terms with coach Chuck Weber and assistant coach Jason Cipolla.

ECHL
GWINNETT GLADIATORS — Agreed to terms with F Rylan Galiardi and F John Scrymgeour.

LACROSSE
EDMONTON RUSH — Signed general manager and coach Derek Keenan to a one-year contract.

CYCLING
TOUR DE FRANCE
At Bagneres-de-Luchon, France
Wednesday's results
16TH STAGE
1. Thomas Voedcker, France, Team Europcar, 5 hours, 35 minutes, 2 seconds; 2. Chris Anker Sorensen, Denmark, Team Saxo Bank-Tinkoff Bank, 1 minute, 40 seconds behind; 3. Gorka Izaguirre, Spain, Euskaltel-Euskadi, 3:22; 4. Alexander Vinokourov, Kazakhstan, Astana, same time; 5. Brice Feillu, France, Saur-Soja-sun, 3:58; 6. Jens Voigt, Germany, RadioShack-Nissan, 4:18; 7. Daniel Martin, Ireland, Garmin-Sharp-Barracuda, 6:08; 8. Simone Stortoni, Italy, Lampre-ISD, same time; 9. Giampaolo Caruso, Italy, Katusha, same time; 10. Laurens ten Dam, Netherlands, Rabobank, 6:11.

Overall Standings (After 16 stages)
1. Bradley Wiggins, Britain, Sky Procycling, 74 hours, 15 minutes, 32 seconds; 2. Chris Froome, Britain, Sky Procycling, 2:05; 3. Vincenzo Nibali, Italy, Liquigas-Cannondale, 2:23; 4. Jurgen Van den Broeck, Belgium, Lotto Belisol, 5:46; 5. Haimar Zubeldia, Spain, RadioShack-Nissan, 7:13; 6. Tejay Van Garderen, United States, BMC Racing, 7:55; 7. Cadel Evans, Australia, BMC Racing, 8:06; 8. Jancez Brajkovic, Slovenia, Astana, 9:09; 9. Pierre Rolland, France, Team Europcar, 10:10; 10. Thibaut Pinot, France, FDJ-Big Mat, 11:43.

TENNIS
ATP WORLD TOUR BET-AT-HOME
At Hamburg, Germany
Singles
Albert Ramos, Spain, def. Lukas Rosol, Czech Republic, 7-6 (8), 4-6, 6-3.
Tommy Haas, Germany, def. Gilles Simon (2), France, 4-6, 6-3, 6-4.
Florian Mayer (7), Germany, def. Robin Haase, Netherlands, 6-2, 6-1.
Marin Cilic (4), Croatia, def. Federico Delbonis, Argentina, 6-3, 6-2.
SWISS OPEN
At Gstaad, Switzerland
Singles
Santiago Giraldo (7), Colombia, def. Henri Laaksonen, Switzerland, 6-2, 6-2.
Second Round
Feliciano Lopez (5), Spain, def. Jan Hajek, Czech Republic, 6-7 (3), 6-1, 6-4.
Thomaz Bellucci, Brazil, def. Mikhail Youzhny (4), Russia, 4-6, 6-2, 6-4.
Ernests Gulbis, Latvia, def. Benoit Paire, France, 5-7, 7-6 (3), 6-4.
Paul-Henri Mathieu, France, def. Stanislas Wawrinka (3), Switzerland, 7-6 (3), 7-6 (8).

Doubles
Marcel Granollers and Marc Lopez (1), Spain, def. Blaz Kavcic, Slovenia, and Igor Zelenay, Slovakia, 6-3, 6-3.
Robert Farah and Santiago Giraldo, Colombia, def. Johan Brunstrom, Sweden, and Dick Norman, Belgium, 4-6, 6-4, 10-8 tiebreak.
Quarterfinals
Thomaz Bellucci, Brazil, and Michael Kohlmann, Germany, def. Paul Hanley, Australia, and Julian Knowle (3), Austria, 1-6, 6-3, 10-5 tiebreak.
Ivan Dodig, Croatia, and Marcelo Melo (2), Brazil, def. Sergiy Stakhovskiy, Ukraine, and Mikhail Youzhny, Russia, 6-3, 6-3.

WTA SONY SWEDISH OPEN
At Bastad, Sweden
Singles
First Round
Mathilde Johansson, France, def. Jill Craybas, United States, 6-4, 6-1.
Johanna Larsson, Sweden, def. Olga Govortsova, Belarus, 7-6 (6), 4-3, retired.
Second Round
Anastasia Pavlyuchenkova (5), Russia, def. Silvia Soler-Espinoza, Spain, 6-4, 6-0.
Mona Barthel (7), Germany, def. Kateryna Bondarenko, Ukraine, 6-2, 7-5.
Polona Herczeg, Slovenia, def. Julia Goerges (2), Germany, 7-6 (4), 6-2.
Tsvetana Pironkova, Bulgaria, def. Lesia Tsurenko, Ukraine, 7-5, 6-3.
Doubles
First Round
Akgul Amanmuradova, Uzbekistan, and Kateryna Bondarenko, Ukraine, def. Lourdes Dom'nguez Lino and Anabel Medina Garrigues (4), Spain, walkover.
Quarterfinals
Sandra Klemenschits, Austria, and Tatjana Malek, Germany, def. Valeria Solovieva, Russia, and Anna Tatishvili, Georgia, 6-3, 5-7, 10-5 tiebreak.
Catalina Castano and Mariana Duque-Marino, Colombia, def. Olga Govortsova, Belarus, and Klaudia Jans-Ignacik (2), Poland, walkover.
WTA MERCURY INSURANCE OPEN
At Carlsbad, Calif.
Singles
Second Round
Chan Yung-jan, Taiwan, def. Heather Watson, Britain, 6-3, 7-6 (2).
Varvara Lepchenko, United States, def. Chanelle Scheepers (8), South Africa, 6-4, 6-2.

GOLF
WEEKEND GLANCE
BRITISH OPEN
Site: Lytham, England.
Schedule: Thursday-Sunday.
Television: ESPN (Thursday-Friday, 5 a.m.-6 p.m., 7-10 p.m.; Saturday, 7 a.m.-2:30 p.m., 7-10 p.m.; Sunday, 6 a.m.-1:30 p.m.), ESPN2 (Saturday, 4-7 a.m., Sunday, 9 p.m.-midnight) and ABC (Saturday-Sunday, 3-6 p.m.).
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TRUE SOUTH CLASSIC
Site: Madison, Miss.
Schedule: Thursday-Sunday.
Television: Golf Channel (Thursday, 3-6 p.m.; Friday-Sunday, midnight-3 a.m., 3-6 p.m.; Monday, midnight-3 a.m.).
Online: www.pgatour.com

CFL									
EAST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Montreal	3	2	1	0	84	100	4		
Toronto	4	2	2	0	106	113	4		
Hamilton	3	1	2	0	88	109	2		
Winnipeg	4	0	4	0	78	141	0		
WEST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Saskatchewan	3	3	0	0	83	37	6		
Edmonton	3	2	1	0	62	42	4		
B.C.	3	2	1	0	92	75	4		
Calgary	3	1	2	0	106	72	2		

WEEK FOUR
Wednesday's result
Toronto 25 Winnipeg 22
Thursday's game
All Times Eastern
Saskatchewan at Calgary, 9 p.m.
Friday's game
Edmonton at B.C., 10 p.m.
Saturday's game
Montreal at Hamilton, 7 p.m.

SOCCKER
MLS
Wednesday's results
New York 1, Chicago 0
Chivas USA 1, Portland 0
Toronto FC 2, Colorado 1
Montreal 2, New England 1
Houston 2, Sporting Kansas City 1
Vancouver 2, Los Angeles 2, tie
FC Dallas at San Jose
Saturday's games
All Times Eastern
Philadelphia at New York, 2:30 p.m.
D.C. United at Columbus, 7:30 p.m.
Montreal at Houston, 8:30 p.m.
New England at Sporting Kansas City, 8:30 p.m.
Portland at FC Dallas, 9 p.m.
Chivas USA at Los Angeles, 10 p.m.
Colorado at Real Salt Lake, 10 p.m.

NASL
Wednesday's result
Fort Lauderdale at Minnesota

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Horoscopes

Aries

March 21 - April 20

Usually criticism goes right over your head but today it won't be so easy to ignore what others say. Could it be because you know it is true? Maybe you can learn from what they have to tell you.

Taurus

April 21 - May 21

No matter how many important things you have to take care of, you must make time for social activities. Being with fun-loving people will make you feel good too. All work and no play is not a recipe for happiness.

Gemini

May 22 - June 21

The more sacrifices you make in one area today, the more you will gain in other areas. Financially, this is one of the best times of the year to replace the old with the new, so be ready to make changes.

Cancer

June 22 - July 23

A new moon in your sign means you should be making big plans, the kind of plans that get other people talking. If you have a clear goal and always think positive you cannot fail. So what are you waiting for?

Leo

July 24 - Aug. 23

Spend some time by yourself today so you can think about recent events and make sense of what's been happening in your life. Invest in a pair of really good ear plugs and shut yourself off from the world.

Virgo

Aug. 24 - Sept. 23

Self-confidence is essential if you want to make progress, so don't waste time questioning your motives or your methods. Just get on with what you are doing.

Libra

Sept. 24 - Oct. 23

The decisions you make over the next 24 hours will affect your career aims for a long time to come. Make sure you know what it is you want then make the effort to go out and get it. All things are possible.

Scorpio

Oct. 24 - Nov. 22

Today's new moon will do wonders for your self-belief and make it easier for you to take the kind of risks that make good things happen. You will be extremely adventurous over the next 24 hours.

Sagittarius

Nov. 23 - Dec. 21

Do you continue with a business deal that you are increasingly unsure of or do you give up on it? Don't feel you have to carry on just because other people want you to. It's your life and your choice.

Capricorn

Dec. 22 - Jan. 20

A new moon in your opposite sign of Cancer means a new start is possible for a relationship that has been fading a bit. But don't leave it up to the other person to make the first move.

Aquarius

Jan. 21 - Feb 19

Today's new moon will be good for your health. If you've been thinking about a new fitness regime, now is the time to do something about it. Don't plan far ahead. Take it one gym session at a time.

Pisces

Feb. 20 - March 20

You will be inspired to try something new and exciting over the next 24 hours and chances are you'll like it so much it will become a central part of your life. New things are fun. **SALLY BROMPTON**

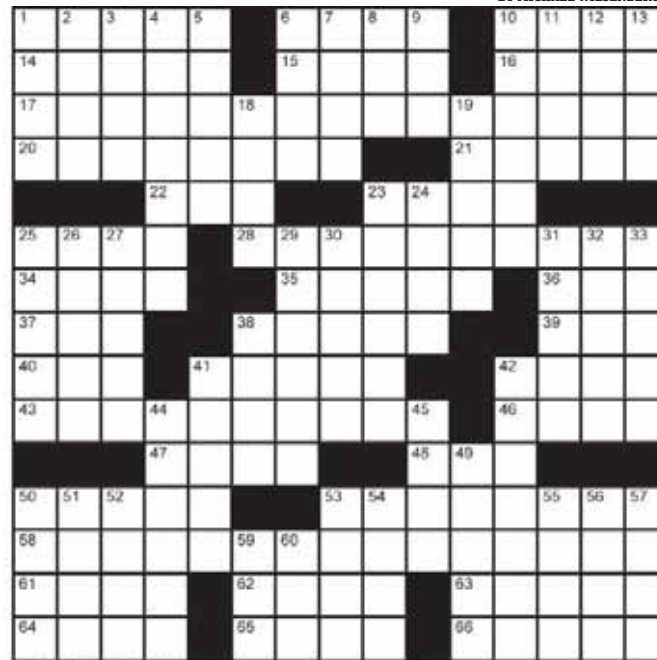
Crossword: Canadian Geography

Across

1. Emulate a volcano
6. Bay of Fundy fishing village ("Home of the Highest Tides in the World")
10. Imperfection
14. Glass: Fr.
15. Marshy wasteland
16. Jai follower
17. Cape Columbia, located here, is Canada's northernmost land point
20. In Monashee Mtns., BC's West Kootenay region, it's known as the Golden City
21. Ghostly
22. Hearer
23. Former satellites
25. Lady of pop
28. 4 out of 5 of these are partly in Canada
34. Bypass
35. One at ____
36. Preceding
37. ____ vivant
38. Small rural municipality 100 km SW of Toronto
39. Valiant's oldest
40. Country N. of Slovenia
41. "Understand now?"
42. Loonies
43. AB town, region known for dinosaur fossils
46. Badly behaved
47. "____ Dooby": Orbison's first hit
48. Center start
50. Arise
53. Body of water in central Burnaby, BC
58. 2d-highest peak in both Canada and US, on Yukon-Alaska border
61. Once, once

Down

1. Any time
2. Move: real estate jargon
3. Trendy addresses
4. Make formal dinner arrangements
5. Hot electric car
6. Prayer finish
7. Prayer start
8. Larry and Curly's brother
9. Onassis, by nickname
10. 1983 Nobel Peace Prize winner
11. Banned fruit treatment
12. Indian princess
13. All alternative
18. Actress Helgenberger of *CSI*
19. *Comune* in Brescia, Lombardy, Italy, bordered by Nuvolento, Caino, Botticino
23. SK folk musician Buffy ____-Marie
24. Bank printout: abbr.
25. Curdle, as milk
26. Love: Fr.
27. Knife pitched in infomercials
29. Seldom
30. Online selling
31. Canadian star Reeves
32. Flubbed
33. Sixth ____



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38. BBC nickname, with "the"
41. Hamilton, ON-born *SNL* alumnus Martin
42. S-Central ON city between Lakes Couchiching and Simcoe
44. Canada's Logan and Lucania
45. "____ Petite": Jackie Wilson hit
49. Alberto VO5 rival
50. Sign
51. Apple piece
52. Say "I@#\$%"
53. 7-Down, in parts of Canada
54. Stops
55. Points a gun
56. *Get Smart* villains
57. ExxonMobil's brand in Canada
59. Total
60. Deep ____ well

Yesterday's crossword



What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Weather

TODAY

FRIDAY

SATURDAY



MAX: 23°
MIN: 12°



MAX: 23°
MIN: 14°



MAX: 22°
MIN: 10°



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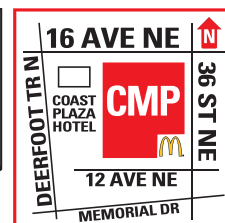
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